


October 2024



3 East Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:30am Throwback Tuesdays with Chaplain Jake - MPR 10:30am armchair travel - V 3E 2:30pm Cognitive game - AR3E 2:30pm Nature appreciation. - TV3E 2:30pm Outdoor Singalong - V	2 Rosh Hashanah 10:30am Church Service - MPR 10:30am cook show - V 3E 2:30pm animal show - TV3E	3 Rosh Hashanah 10:30am Cognitive game - AR3E 10:30am Nature appreciation. - TV3E 2:30pm singing along - V 3E	4 Rosh Hashanah 10:30am Arts & Crafts Appreciation - V 3E 2:30pm Jewish Service - MPR 2:30pm cook show - V 3E	5 10:30am Church Service - MPR 2:30pm Spiritual Songs - MPR
6 Residents Choice - V	7 10:30am Adapted Dance with Riki - MPR 10:30am Comedy Hour - V 3E 2:30pm music appreciation - V 3E	8 10:30am Throwback Tuesdays with Chaplain Jake - MPR 10:30am armchair travel - V 3E 2:30pm Cognitive game - AR3E 2:30pm Nature appreciation. - TV3E	9 10:30am Church Service - MPR 10:30am cook show - V 3E 2:30pm Community Bingo Club - MPR	10 10:30am Cognitive game - AR3E 10:30am Nature appreciation. - TV3E 2:30pm Entertainment - Country Kenny - MPR	11 10:30am Arts & Crafts Appreciation - V 3E 2:30pm Jewish Service - MPR 2:30pm cook show - V 3E	12 10:30am Church Service - MPR 2:30pm Spiritual Songs MPR
13 Residents Choice - V	14 10:30am Comedy Hour - V 3E 2:30pm music appreciation - V 3E 	15 10:30am Throwback Tuesdays with Chaplain Jake - MPR 10:30am armchair travel - V 3E 2:30pm Cognitive game - AR3E 2:30pm Nature appreciation. - TV3E	16 SUKKOT 10:30am Church Service - MPR 10:30am cook show - V 3E 2:30pm Fall Sing a long - MPR	17 SUKKOT 2:30pm Cognitive game - AR3E 2:30pm Nature appreciation. - TV3E	18 SUKKOT 10:30am Arts & Crafts Appreciation - V 3E 2:30pm Jewish Service - MPR 2:30pm cook show - V 3E	19 SUKKOT 10:30am Church Service - MPR 2:30pm Spiritual Songs MPR
20 SUKKOT Residents Choice - V	21 SUKKOT 10:30am Comedy Hour - V 3E 10:30am Tai Chi with Gina - MPR 2:30pm music appreciation - V 3E	22 SUKKOT 10:30am Throwback Tuesdays with Chaplain Jake - MPR 10:30am armchair travel - V 3E 2:30pm Cognitive game - AR3E 2:30pm Nature appreciation. - TV3E 2:30pm Residents' Council - MPR	23 SUKKOT 10:30am Church Service - MPR 10:30am cook show - V 3E 2:10pm Movie - MPR	24 10:30am Cognitive game - AR3E 10:30am Nature appreciation. - TV3E 2:30pm Entertainment - Oktoberfest Celebration - MPR	25 10:30am Arts & Crafts Appreciation - V 3E 2:30pm Jewish Service - MPR 2:30pm cook show - V 3E	26 10:30am Church Service - MPR 2:30pm Spiritual Songs MPR 2:30pm cook show - V 3E
27 Residents Choice - V	28 10:30am Comedy Hour - V 3E 10:30am Yoga with Nancy - MPR 2:30pm music appreciation - V 3E	29 10:30am Throwback Tuesdays with Chaplain Jake - MPR 10:30am armchair travel - V 3E 2:30pm Cognitive game - AR3E 2:30pm Nature appreciation. - TV3E	30 10:30am Church Service - MPR 10:30am cook show - V 3E 2:30pm Craft Group - MPR	31 10:30am Cognitive game - AR3E 10:30am Nature appreciation. - TV3E 2:30pm Movie - TV3E		

AR3E - Activity Room 3E

MPR - Multi-Purpose Room

TV3E - TV Room 3E

V - Varied

V 3E - Varied 3E

