

October 2024



2 West Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30am Oldies Tunes/Music Appreciation - TV2W 10:30am 1:1 - V 2W 10:30am Throwback Tuesdays with Chaplain Jake - MPR 2:30pm Lovable Companions (Pet Therapy) - AR2W 2:30pm Outdoor Singalong - V 2:30pm Residents Choice (TV) - TV2W	2 Rosh Hashanah 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Church Service - MPR	3 Rosh Hashanah 10:30am 1:1 Puzzles - V 2W 10:30am Armchair Travel - TV2W 2:30pm Residents Choice (TV) - TV2W	4 Rosh Hashanah 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Bingo - AR2W 2:00pm Spiritual Songs - TV2W 2:30pm Jewish Service - MPR	5 10:30am Church Service - MPR 2:30pm Spiritual Songs - MPR
6 10:30am Residents Choice (TV) - TV2W 2:30pm 1:1 - V 2W Residents Choice - V	7 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Adapted Dance with Riki - MPR 2:30pm Resident Sing-a-Long - TV2W	8 9:30am Oldies Tunes/Music Appreciation - TV2W 10:30am 1:1 - V 2W 10:30am Throwback Tuesdays with Chaplain Jake - MPR 2:00pm Movie - TV2W 2:30pm Residents Choice (TV) - TV2W	9 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Church Service - MPR 2:30pm Community Bingo Club - MPR	10 10:30am 1:1 Puzzles - V 2W 10:30am Armchair Travel - TV2W 2:30pm Entertainment - Country Kenny - MPR 2:30pm Residents Choice (TV) - TV2W	11 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Bingo - AR2W 2:00pm Spiritual Songs - TV2W 2:30pm Jewish Service - MPR 	12 10:30am Church Service - MPR 2:30pm Spiritual Songs MPR
13 10:30am Residents Choice (TV) - TV2W 2:30pm 1:1 - V 2W Residents Choice - V	14 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 2:30pm Resident Sing-a-Long - TV2W 	15 9:30am Oldies Tunes/Music Appreciation - TV2W 10:30am 1:1 - V 2W 10:30am Throwback Tuesdays with Chaplain Jake - MPR 2:30pm Lovable Companions (Pet Therapy) - AR2W 2:30pm Residents Choice (TV) - TV2W	16 SUKKOT 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Church Service - MPR 2:30pm Fall Sing a long - MPR	17 SUKKOT 10:30am 1:1 Puzzles - V 2W 10:30am Armchair Travel - TV2W 2:30pm Residents Choice (TV) - TV2W	18 SUKKOT 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Bingo - AR2W 2:00pm Spiritual Songs - TV2W 2:30pm Jewish Service - MPR	19 SUKKOT 10:30am Church Service - MPR 2:30pm Spiritual Songs MPR
20 SUKKOT 10:30am Residents Choice (TV) - TV2W 2:30pm 1:1 - V 2W Residents Choice - V	21 SUKKOT 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Tai Chi with Gina - MPR 2:30pm Resident Sing-a-Long - TV2W	22 SUKKOT 9:30am Oldies Tunes/Music Appreciation - TV2W 10:30am 1:1 - V 2W 10:30am Throwback Tuesdays with Chaplain Jake - MPR 2:00pm Movie - TV2W 2:30pm Residents Choice (TV) - TV2W 2:30pm Residents' Council - MPR	23 SUKKOT 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Church Service - MPR 2:10pm Movie - MPR	24 10:30am 1:1 Puzzles - V 2W 10:30am Armchair Travel - TV2W 2:30pm Entertainment - Oktoberfest Celebration - MPR 2:30pm Residents Choice (TV) - TV2W	25 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Bingo - AR2W 2:00pm Spiritual Songs - TV2W 2:30pm Jewish Service - MPR	26 10:30am Church Service - MPR 2:30pm Spiritual Songs MPR
27 10:30am Residents Choice (TV) - TV2W 2:30pm 1:1 - V 2W Residents Choice - V	28 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Yoga with Nancy - MPR 2:30pm Resident Sing-a-Long - TV2W	29 9:30am Oldies Tunes/Music Appreciation - TV2W 10:30am 1:1 - V 2W 10:30am Throwback Tuesdays with Chaplain Jake - MPR 2:30pm Lovable Companions (Pet Therapy) - AR2W 2:30pm Residents Choice (TV) - TV2W	30 9:30am Group Exercise - TV2W 9:30am one to one - V 2W 10:30am Church Service - MPR 2:30pm Craft Group - MPR	31 10:30am 1:1 Puzzles - V 2W 10:30am Armchair Travel - TV2W 2:30pm Residents Choice (TV) - TV2W		

AR2W - Activity Room 2W

MPR - Multi-Purpose Room

TV2W - TV Room 2W

V - Varied

V 2W - Varied 2W