


September 2024



4 West Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
2:30pm Outdoor Games - C	<p>Labour Day</p> 9:30am Walk And Roll Club - V 4W 10:00am Tranquil Nature - V 4W 10:30am Good Neighbours Discussion Club - V 4W 2:15pm Talent Show (TV) - V 4W 2:30pm Community Ice Cream Social - V	10:00am Guess The Answer! - V 4W 10:30am Throwback Tuesdays with Chaplain Jake - MPR 11:00am Comedy Club - V 4W 2:30pm Sing With Us - TV4W 3:30pm Unit Decorating - V 4W	9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am Church Service - MPR 2:00pm Special Event Food Fair - MPR	10:00am Residents Choice (TV) - V 4W 11:00am Lovable Companions (Pet Therapy) - AR4W 2:15pm Music Appreciation - V 4W 2:30pm Community Active Games - Paralympics - MPR	9:30am Walk And Roll Club - V 4W 10:30am Creative Artists Group - AR4W 2:00pm Musical Movie - TV4W 2:30pm Jewish Service - MPR	10:30am Church Service - MPR 2:30pm Spiritual Songs MPR
8	9	10	11	12	13	14
2:30pm Outdoor Games - C	9:30am Walk And Roll Club - V 4W 10:30am Adapted Dance with Riki - MPR 2:30pm Sensory Therapy - AR4W 3:45pm One To Ones - V 4W	10:00am Sweet Scents Baking Club - AR4W 10:30am Throwback Tuesdays with Chaplain Jake - MPR 2:15pm Tranquil Nature - V 4W 2:30pm Willowdale Warriors (Sports Games) - V 4W	9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am Church Service - MPR 2:30pm Community Sing-a-Long - MPR	10:00am Residents Choice (TV) - V 4W 11:00am Good Neighbours Discussion Club - V 4W 2:00pm Pet Therapy - Hands on Exotic - V 2:00pm Residents Choice (TV) - V 4W	9:30am Walk And Roll Club - V 4W 10:30am Creative Artists Group - AR4W 2:30pm Jewish Service - MPR 2:30pm Music Appreciation - V 4W	10:30am Church Service - MPR 2:30pm Entertainment - Agape Care Group - MPR
15	16	17	18	19	20	21
2:30pm Outdoor Games - C	<p>Residents' Council Week</p> 9:30am Walk And Roll Club - V 4W 10:30am Seated Ballroom - MPR 2:30pm Celebration of Culture - TV4W 2:30pm Residents' Council - MPR	<p>Residents' Council Week</p> 10:00am Brain Teasers - V 4W 10:30am Disco Dance Party - V 4W 10:30am Throwback Tuesdays with Chaplain Jake - MPR 2:30pm Songs, Stories & Jokes by the Campfire - TV4W	<p>Residents' Council Week</p> 9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am Church Service - MPR 2:30pm Community Baking Club - Apples - MPR	<p>Residents' Council Week</p> 10:00am Residents Choice (TV) - V 4W 10:30am Lovable Companions (Pet Therapy) - AR4W 2:15pm Music Appreciation - V 4W 2:30pm Apple Social Tea - MPR	<p>Residents' Council Week</p> 9:30am Walk And Roll Club - V 4W 10:30am Creative Artists Group - AR4W 2:30pm Jewish Service - MPR 2:30pm Tranquil Nature - V 4W	<p>Residents' Council Week</p> 10:30am Church Service - MPR 2:30pm Spiritual Songs MPR
22	23	24	25	26	27	28
<p>Residents' Council Week</p> 2:30pm Outdoor Games - C 	9:30am Walk And Roll Club - V 4W 10:30am Tai Chi with Gina - MPR 2:30pm Sensory Therapy - AR4W 3:45pm One To Ones - V 4W	10:30am Throwback Tuesdays with Chaplain Jake - MPR 10:30am Willowdale Warriors (Sports Games) - V 4W 2:00pm Classic Movie - TV4W 2:30pm Obie Games - AR4W	9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am Church Service - MPR 2:30pm Community Bingo Club - MPR	10:00am Residents Choice (TV) - V 4W 11:00am You Got To Know When To Fold 'Em (Laundry Club) - AR4W 2:15pm Comedy Club - V 4W 2:30pm Entertainment - MPR	9:30am Walk And Roll Club - V 4W 10:30am Creative Artists Group - AR4W 2:30pm Armchair Travel - TV4W 2:30pm Jewish Service - MPR	10:30am Church Service - MPR 2:30pm Spiritual Songs MPR
29	30					
2:30pm Outdoor Games - C	9:30am Walk And Roll Club - V 4W 10:30am Yoga with Nancy - MPR 2:30pm Cool Rhythms Percussion Band - V 4W 3:45pm One To Ones - V 4W					

AR4W - Activity Room 4W

C - Courtyard

MPR - Multi-Purpose Room

TV4W - TV Room 4W

V - Varied

V 4W - Varied 4W