

September 2024



3 East Programs Calendar

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|---|---|--|---|
| 1 2:30pm Outdoor Games - C | 2 Labour Day 10:30am Comedy Hour - V 3E 2:30pm Community Ice Cream Social - V 2:30pm music appreciation - V 3E | 3 10:30am Throwback Tuesdays with Chaplain Jake - MPR 10:30am armchair travel - V 3E 2:30pm Cognitive game - AR3E 2:30pm Nature appreciation. - TV3E | 4 10:30am Church Service - MPR 10:30am cook show - V 3E 2:00pm Special Event Food Fair - MPR 2:30pm animal show - TV3E | 5 10:30am Cognitive game - AR3E 2:30pm Community Active Games - Paralympics - MPR | 6 10:30am Arts & Crafts Appreciation - V 3E 2:30pm Jewish Service - MPR 2:30pm cook show - V 3E | 7 10:30am Church Service - MPR 2:30pm Spiritual Songs MPR |
| 8 2:30pm Outdoor Games - C | 9 10:30am Adapted Dance with Riki - MPR 10:30am Comedy Hour - V 3E 2:30pm music appreciation - V 3E | 10 10:30am Throwback Tuesdays with Chaplain Jake - MPR 10:30am armchair travel - V 3E 2:30pm Cognitive game - AR3E 2:30pm Nature appreciation. - TV3E | 11 10:30am Church Service - MPR 10:30am cook show - V 3E 2:30pm Community Sing-a-Long - MPR 2:30pm animal show - TV3E | 12 10:30am Cognitive game - AR3E 2:00pm Pet Therapy - Hands on Exotic - V | 13 10:30am Arts & Crafts Appreciation - V 3E 2:30pm Jewish Service - MPR 2:30pm cook show - V 3E | 14 10:30am Church Service - MPR 2:30pm Entertainment - Agape Care Group - MPR |
| 15 2:30pm Outdoor Games - C | 16 Residents' Council Week 10:30am Comedy Hour - V 3E 10:30am Seated Ballroom - MPR 2:30pm Residents' Council - MPR 2:30pm music appreciation - V 3E | 17 Residents' Council Week 10:30am Throwback Tuesdays with Chaplain Jake - MPR 10:30am armchair travel - V 3E 2:30pm Cognitive game - AR3E 2:30pm Nature appreciation. - TV3E | 18 Residents' Council Week 10:30am Church Service - MPR 10:30am cook show - V 3E 2:30pm Community Baking Club - Apples - MPR 2:30pm animal show - TV3E | 19 Residents' Council Week 10:30am Cognitive game - AR3E 2:30pm Apple Social Tea - MPR | 20 Residents' Council Week 10:30am Arts & Crafts Appreciation - V 3E 2:30pm Jewish Service - MPR 2:30pm cook show - V 3E | 21 Residents' Council Week 10:30am Church Service - MPR 2:30pm Spiritual Songs MPR |
| 22 Residents' Council Week 2:30pm Outdoor Games - C | 23 10:30am Comedy Hour - V 3E 10:30am Tai Chi with Gina - MPR 2:30pm music appreciation - V 3E | 24 10:30am Throwback Tuesdays with Chaplain Jake - MPR 10:30am armchair travel - V 3E 2:30pm Cognitive game - AR3E 2:30pm Nature appreciation. - TV3E | 25 10:30am Church Service - MPR 10:30am cook show - V 3E 2:30pm Community Bingo Club - MPR 2:30pm animal show - TV3E | 26 10:30am Cognitive game - AR3E 2:30pm Entertainment - MPR 2:30pm cook show - V 3E | 27 10:30am Arts & Crafts Appreciation - V 3E 2:30pm Jewish Service - MPR 2:30pm cook show - V 3E | 28 10:30am Church Service - MPR 2:30pm Spiritual Songs MPR |
| 29 2:30pm Outdoor Games - C | 30 10:30am Comedy Hour - V 3E 10:30am Yoga with Nancy - MPR 2:30pm music appreciation - V 3E | | | | | |

AR3E - Activity Room 3E

C - Courtyard

MPR - Multi-Purpose Room

TV3E - TV Room 3E

V - Varied

V 3E - Varied 3E

