

September 2024



2 East Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30am Hymn Singing - V 2E 2:30pm Outdoor Games - C	2 Labour Day 2:30pm Community Ice Cream Social - V 2:30pm Resident Sing-a-Long	3 10:30am Bingo - AR2E 10:30am Throwback Tuesdays with Chaplain Jake - MPR	4 10:30am Church Service - MPR 2:00pm Special Event Food Fair - MPR	5 10:30am Labour Day Tribute - TV2E 2:30pm Community Active Games - Paralympics - MPR	6 10:30am Valleyview News - TV2E 2:30pm Jewish Service - MPR	7 10:30am Church Service - MPR 2:30pm Spiritual Songs MPR
8 10:30am Hymn Singing - V 2E 2:30pm Outdoor Games - C	9 10:30am Adapted Dance with Riki - MPR 2:30pm Resident Sing-a-Long	10 10:30am Bingo - AR2E 10:30am Throwback Tuesdays with Chaplain Jake - MPR	11 10:30am Church Service - MPR 2:30pm Community Sing-a-Long - MPR	12 10:30am Video Entertainment and Discussion - TV2E 2:00pm Pet Therapy - Hands on Exotic - V	13 10:30am Friendly Visits - V 2E 2:30pm Jewish Service - MPR	14 10:30am Church Service - MPR 2:30pm Entertainment - Agape Care Group - MPR
15 10:30am Hymn Singing - V 2E 2:30pm Outdoor Games - C	16 Residents' Council Week 10:30am Seated Ballroom - MPR 2:30pm Resident Sing-a-Long 2:30pm Residents' Council - MPR	17 Residents' Council Week 10:30am Bingo - AR2E 10:30am Throwback Tuesdays with Chaplain Jake - MPR	18 Residents' Council Week 10:30am Church Service - MPR 2:30pm Community Baking Club - Apples - MPR	19 Residents' Council Week 10:30am Cultural Mosaic - TV2E 2:30pm Apple Social Tea - MPR	20 Residents' Council Week 10:30am Outdoor Time - V 2E 2:30pm Jewish Service - MPR	21 Residents' Council Week 10:30am Church Service - MPR 2:30pm Spiritual Songs MPR
22 Residents' Council Week 10:30am Hymn Singing - V 2E 2:30pm Outdoor Games - C	23 10:30am Tai Chi with Gina - MPR 2:30pm Resident Sing-a-Long	24 10:30am Bingo - AR2E 10:30am Throwback Tuesdays with Chaplain Jake - MPR	25 10:30am Church Service - MPR 2:30pm Community Bingo Club - MPR	26 10:30am Armchair Travel - TV2E 2:30pm Entertainment - MPR	27 10:30am Activity Calendar Planning - TV2E 2:30pm Jewish Service - MPR	28 10:30am Church Service - MPR 2:30pm Spiritual Songs MPR
29 10:30am Hymn Singing - V 2E 2:30pm Outdoor Games - C	30 10:30am Yoga with Nancy - MPR 2:30pm Resident Sing-a-Long					

AR2E - Activity Room 2E

C - Courtyard

MPR - Multi-Purpose Room

TV2E - TV Room 2E

V - Varied

V 2E - Varied 2E