August 2024



3 East Programs Calendar

5 Last Flograms Calendar						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				10:30am Cognitive game - AR3E 2:30pm Live Entertainment - Zachary Erickson - MPR	2:30pm Jewish Service - MPR	10:30am Church Service - MPR 2:30pm Spiritual Songs
4	5	6	7	8	9	10
2:30pm Outdoor Games - C	10:30am Adapted Dance with Riki - MPR 10:30am Comedy Hour - V 3E 2:30pm Summer Ice Cream Social - V	10:30am Throwback Tuesdays with Chaplain Jake - MPR 10:30am armchair travel - V 3E 2:30pm Cognitive game - AR3E Nature appreciation TV3E	10:30am Church Service - MPR 10:30am cook show - V 3E 2:30pm Olympic Games - MPR 2:30pm animal show - TV3E	10:30am Outdoor Singalong	10:30am Arts & Crafts Appreciation - V 3E 2:30pm Jewish Service - MPR 2:30pm cook show - V 3E	10:30am Church Service - MPR 2:30pm Spiritual Songs
11	12		14	15	16	17
2:30pm Outdoor Games - C	10:30am Comedy Hour - V 3E 10:30am Tai Chi with Gina - MPR 2:30pm music appreciation - V 3E	10:30am Throwback Tuesdays with Chaplain Jake - MPR 10:30am armchair travel - V 3E 2:30pm Art with Ming - V 2:30pm Nature appreciation TV3E	12:00pm ANNUAL PICNIC - MPR	2:30pm Live Entertainment -	10:30am Arts & Crafts Appreciation - V 3E 2:30pm Jewish Service - MPR 2:30pm cook show - V 3E	10:30am Church Service - MPR 2:30pm Spiritual Songs
18	19	20	21	. 22	23	24
•	10:30am Comedy Hour - V 3E 10:30am Seated Ballroom - MPR 2:30pm Residents' Council - MPR 2:30pm music appreciation - V 3E	10:30am Throwback Tuesdays with Chaplain Jake - MPR 10:30am armchair travel - V 3E 2:30pm Cognitive game - AR3E 2:30pm Nature appreciation TV3E	10:30am Church Service - MPR 10:30am cook show - V 3E 2:30pm Community Bingo Club - MPR 2:30pm animal show - TV3E	10:30am Cognitive game - AR3E 2:30pm Community Artists Club - Sun Prints - MPR	10:30am Arts & Crafts Appreciation - V 3E 2:30pm Jewish Service - MPR 2:30pm cook show - V 3E	10:30am Church Service - MPR 2:30pm Spiritual Songs
25	26	27	28	29	30	31
	10:30am Comedy Hour - V 3E 10:30am Yoga with Nancy - MPR 2:30pm cook show - V 3E 2:30pm music appreciation - V 3E	10:30am Throwback Tuesdays with Chaplain Jake - MPR 10:30am armchair travel - V 3E 2:30pm Cognitive game - AR3E 2:30pm Nature appreciation TV3E	10:30am Church Service - MPR 10:30am cook show - V 3E 2:30pm Courtyard Club - C 2:30pm animal show - TV3E	10:30am Cognitive game - AR3E 11:00am music appreciation - V 3E 2:30pm Live Entertainment - West Enders - MPR	10:30am Arts & Crafts Appreciation - V 3E 2:30pm Jewish Service - MPR 2:30pm cook show - V 3E	10:30am Church Service - MPR 2:30pm Spiritual Songs
AR3E - Activity Room 3E	C - Courtyard	MPR - I	Multi-Purpose Room	TV3E - TV Room 3E	V - Varied	

V 3E - Varied 3E

