August 2024



2 West Programs Calendar

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday Saturday
				10.20 11.0 1 10.00	2 3
				10:30am Armchair Travel - TV2W 2:30pm Live Entertainment - Zachary Erickson - MPR TV30:30am Armchair Travel - TV2W 9:30am or 10:30am Bi 2:00pm Sp	xercises with Physio - V2W ne to one - V 2W ingo - AR2W piritual Songs - TV2W ewish Service - MPR
4	5	6	7	8	9 10
TV2W 2:30pm 1:1 - V 2W	9:30am Exercises with Physio - TV2W 9:30am one to one - V 2W 10:30am Adapted Dance with Riki - MPR 2:30pm Summer Ice Cream Social - V 2:30pm Resident Sing-a-Long - TV2W	9:30am Oldies Tunes/Music Appreciation - TV2W 10:30am 1:1 - V 2W 10:30am Throwback Tuesdays with Chaplain Jake - MPR 2:30pm Lovable Companions (Pet Therapy) - AR2W 2:30pm Residents Choice (TV) - TV2W	9:30am Exercises with Physio - TV2W 9:30am one to one - V 2W 10:30am Church Service - MPR 2:30pm Olympic Games - MPR	10:30am Armchair Travel - TV2W 10:30am Outdoor Singalong 2:30pm Residents Choice (TV) - TV2W 9:30am or 10:30am Bi 2:00pm Sp	10:30am Church Service - MPR 2:30pm Spiritual Songs spiritual Songs - TV2W Swish Service - MPR
11	12	13	14	15	16 17
TV2W 2:30pm 1:1 - V 2W	9:30am Exercises with Physio - TV2W 9:30am one to one - V 2W 10:30am Tai Chi with Gina - MPR 2:30pm Resident Sing-a-Long - TV2W	9:30am Oldies Tunes/Music Appreciation - TV2W 10:30am 1:1 - V 2W 10:30am Throwback Tuesdays with Chaplain Jake - MPR 2:30pm Lovable Companions (Pet Therapy) - AR2W 2:30pm Residents Choice (TV) - TV2W	9:30am Exercises with Physio - TV2W 9:30am one to one - V 2W 12:00pm ANNUAL PICNIC - MPR	10:30am Armchair Travel - TV2W 10:30am Outdoor Activities - C 2:30pm Live Entertainment - Country Kenny - MPR 2:00pm Sp	ingo - AR2W
18				22	23 24
TV2W 2:30pm 1:1 - V 2W 2:30pm Outdoor Games - C	9:30am Exercises with Physio - TV2W 9:30am one to one - V 2W 10:30am Seated Ballroom - MPR 2:30pm Resident Sing-a-Long - TV2W 2:30pm Residents' Council - MPR	9:30am Oldies Tunes/Music Appreciation - TV2W 10:30am 1:1 - V 2W 10:30am Throwback Tuesdays with Chaplain Jake - MPR 2:30pm Lovable Companions (Pet Therapy) - AR2W 2:30pm Residents Choice (TV) - TV2W	9:30am Exercises with Physio - TV2W 9:30am one to one - V 2W 10:30am Church Service - MPR 2:30pm Community Bingo Club - MPR	10:30am Armchair Travel - TV2W 2:30pm Community Artists Club - Sun Prints - MPR TV 9:30am or 10:30am Bi 2:00pm Sp	Name of the service o
25	26	27	28	29	30 31
TV2W 2:30pm 1:1 - V 2W	9:30am Exercises with Physio - TV2W 9:30am one to one - V 2W 10:30am Yoga with Nancy - MPR 2:30pm Resident Sing-a-Long - TV2W	9:30am Oldies Tunes/Music Appreciation - TV2W 10:30am 1:1 - V 2W 10:30am Throwback Tuesdays with Chaplain Jake - MPR 2:30pm Art with Ming - V Residents Choice (TV) - TV2W	9:30am Exercises with Physio - TV2W 9:30am one to one - V 2W 10:30am Church Service - MPR 2:00pm Movie - TV2W 2:30pm Courtyard Club - C	10:30am Armchair Travel - TV2W 2:30pm Live Entertainment - West Enders - MPR 2:30pm Residents Choice (TV) - 2:00pm Sp	Nercises with Physio - V2W ne to one - V 2W ingo - AR2W piritual Songs - TV2W ewish Service - MPR
ADDIAL Activity Description	6 6 1 1	MADD	Multi Dumana Danii	T/204/ T// Doors 204/	V. Variad

AR2W - Activity Room 2W C - Courtyard MPR - Multi-Purpose Room TV2W - TV Room 2W V - Vari

V 2W - Varied 2W