


July 2024



4 West Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 1	2 2:00pm Canada Day Ice Cream Social - courtyard Canada Day	3 10:30am Throwback Tuesdays with Chaplain Jake - MPR 2:00pm Outdoor Activities - C	4 9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am Church Service - MPR	5 2:30pm Live Entertainment in the Courtyard - Jay Franco - MPR	6 10:30am Outdoor Activities - C 2:30pm Jewish Service - MPR	7 10:30am Church Service - MPR 2:30pm Spiritual Songs
7 2:30pm Outdoor Games - C	8 10:30am Adapted Dance with Riki - MPR	9 10:30am Throwback Tuesdays with Chaplain Jake - MPR 2:00pm Outdoor Activities - C	10 9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am Church Service - MPR 2:30pm Community Baking Club - Ice Cream Cupcakes - MPR	11 2:30pm Summer Tea Social - MPR	12 10:30am Outdoor Activities - C 2:30pm Jewish Service - MPR	13 10:30am Church Service - MPR 2:30pm Spiritual Songs
14 2:30pm Outdoor Games - C	15 10:30am Tai Chi with Gina - MPR 2:30pm Residents' Council - MPR	16 10:30am Throwback Tuesdays with Chaplain Jake - MPR 2:00pm Outdoor Activities - C	17 9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am Church Service - MPR 11:30am Annual BBQ - MPR	18	19 10:30am Outdoor Activities - C 2:30pm Jewish Service - MPR	20 10:30am Church Service - MPR 2:30pm Spiritual Songs
21 2:30pm Outdoor Games - C	22 9:30am Walk And Roll Club - V 4W 10:30am Seated Ballroom - MPR 2:30pm Comedy Club - V 4W 2:30pm Music Appreciation - V 4W	23 10:30am Brain Teasers - V 4W 10:30am Throwback Tuesdays with Chaplain Jake - MPR 11:00am Good Neighbours Discussion Club - V 4W 2:00pm Outdoor Activities - C 2:30pm Sing With Us - TV4W	24 9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am Church Service - MPR 2:30pm Community Bingo Club - Canada Bingo - MPR	25 10:00am Pet Therapy - Hands on Exotic - V 2:30pm Patio Pals Club (4E/4W) - V 4E 2:30pm Tranquil Nature - V 4W	26 10:30am Creative Artists Group - AR4W 10:30am Outdoor Activities - C 2:30pm Jewish Service - MPR 2:30pm Talent Show (TV) - V 4W 3:45pm One To Ones - V 4W	27 10:30am Church Service - MPR 2:30pm Spiritual Songs
28 2:30pm Outdoor Games - C	29 9:30am Walk And Roll Club - V 4W 10:30am Yoga with Nancy - MPR 2:30pm Songs, Stories & Jokes by the Campfire - TV4W 3:45pm One To Ones - V 4W	30 10:30am Lovable Companions (Pet Therapy) - AR4W 10:30am Throwback Tuesdays with Chaplain Jake - MPR 2:00pm Outdoor Activities - C 2:30pm Armchair Travel - TV4W 2:30pm Memorial Service - MPR	31 9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am Church Service - MPR 2:30pm Community Music Jamming Session - Canadian Artists - MPR			

AR4W - Activity Room 4W

C - Courtyard

MPR - Multi-Purpose Room

TV4W - TV Room 4W

V - Varied

V 4E - Varied 4E

V 4W - Varied 4W