


July 2024



4 East Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 1	1 9:45am Walking Club - V 4E 10:30am Montessori Group - AR4E 2:00pm Canada Day Ice Cream Social - courtyard 2:30pm One to One Visits - V 4E 3:00pm Snoezelen Experience - V 4E Canada Day	2 8:30am Walking Club - V 4E 10:30am Table Top Activities - AR4E 10:30am Throwback Tuesdays with Chaplain Jake - MPR 11:45am One to One Visits - V 4E 2:00pm Outdoor Activities - C 2:30pm Music Appreciation - V 4E	3 9:45am Walking Club - V 4E 10:15am Residents Choice (TV) - V 4E 10:30am Church Service - MPR 3:00pm Movie - V 4E	4 9:45am Walking Club - V 4E 10:30am Patio Pals Club - V 4E 10:30am Window on the World - V 4E 10:40am Cool Drinks Social Club - V 4E 2:30pm Live Entertainment in the Courtyard - Jay Franco - MPR	5 9:45am Walking Club - V 4E 10:00am Hymn Singing - V 4E 10:30am Bingo Club - AR4E 10:30am Outdoor Activities - C 11:45am One to One Visits - V 4E 2:30pm Jewish Service - MPR	6 10:30am Church Service - MPR 2:30pm Spiritual Songs
7 2:30pm Outdoor Games - C	8 9:45am Walking Club - V 4E 10:30am Adapted Dance with Riki - MPR 10:30am Montessori Group - AR4E 2:30pm One to One Visits - V 4E 3:00pm Snoezelen Experience - V 4E	9 8:30am Walking Club - V 4E 10:30am Table Top Activities - AR4E 10:30am Throwback Tuesdays with Chaplain Jake - MPR 11:45am One to One Visits - V 4E 2:00pm Outdoor Activities - C 2:30pm Music Appreciation - V 4E	10 9:45am Walking Club - V 4E 10:15am Residents Choice (TV) - V 4E 10:30am Church Service - MPR 2:30pm Community Baking Club - Ice Cream Cupcakes - MPR 3:00pm Movie - V 4E	11 9:45am Walking Club - V 4E 10:30am Patio Pals Club - V 4E 10:30am Window on the World - V 4E 10:40am Cool Drinks Social Club - V 4E 2:30pm Summer Tea Social - MPR	12 9:45am Walking Club - V 4E 10:00am Hymn Singing - V 4E 10:30am Bingo Club - AR4E 10:30am Outdoor Activities - C 11:45am One to One Visits - V 4E 2:30pm Jewish Service - MPR	13 10:30am Church Service - MPR 2:30pm Spiritual Songs
14 2:30pm Outdoor Games - C	15 9:45am Walking Club - V 4E 10:30am Montessori Group - AR4E 10:30am Tai Chi with Gina - MPR 2:30pm One to One Visits - V 4E 2:30pm Residents' Council - MPR 3:00pm Snoezelen Experience - V 4E	16 8:30am Walking Club - V 4E 10:30am Table Top Activities - AR4E 10:30am Throwback Tuesdays with Chaplain Jake - MPR 11:45am One to One Visits - V 4E 2:00pm Outdoor Activities - C 2:30pm Music Appreciation - V 4E	17 9:45am Walking Club - V 4E 10:15am Residents Choice (TV) - V 4E 10:30am Church Service - MPR 11:30am Annual BBQ - MPR 3:00pm Movie - V 4E	18 9:45am Walking Club - V 4E 10:30am Patio Pals Club - V 4E 10:30am Window on the World - V 4E 10:40am Cool Drinks Social Club - V 4E 2:30pm Baby Care Corner - AR4E	19 9:45am Walking Club - V 4E 10:00am Hymn Singing - V 4E 10:30am Bingo Club - AR4E 10:30am Outdoor Activities - C 11:45am One to One Visits - V 4E 2:30pm Jewish Service - MPR	20 10:30am Church Service - MPR 2:30pm Spiritual Songs
21 2:30pm Outdoor Games - C	22 9:45am Walking Club - V 4E 10:30am Montessori Group - AR4E 10:30am Seated Ballroom - MPR 2:30pm One to One Visits - V 4E 3:00pm Snoezelen Experience - V 4E 3:30pm Calming Sensory Relaxation - V 4E	23 8:30am Walking Club - V 4E 10:30am Table Top Activities - AR4E 10:30am Throwback Tuesdays with Chaplain Jake - MPR 11:45am One to One Visits - V 4E 2:00pm Outdoor Activities - C 2:30pm Music Appreciation - V 4E	24 9:45am Walking Club - V 4E 10:15am Residents Choice (TV) - V 4E 10:30am Church Service - MPR 2:30pm Community Bingo Club - Canada Bingo - MPR 3:00pm Movie - V 4E	25 9:45am Walking Club - V 4E 10:00am Pet Therapy - Hands on Exotic - V 10:30am Window on the World - V 4E 2:30pm Patio Pals Club (4E/4W) - V 4E 2:40pm Cool Drinks Social Club - V 4E	26 9:45am Walking Club - V 4E 10:00am Hymn Singing - V 4E 10:30am Bingo Club - AR4E 10:30am Outdoor Activities - C 11:45am One to One Visits - V 4E 2:30pm Jewish Service - MPR	27 10:30am Church Service - MPR 2:30pm Spiritual Songs
28 2:30pm Outdoor Games - C	29 9:45am Walking Club - V 4E 10:30am Montessori Group - AR4E 10:30am Yoga with Nancy - MPR 2:30pm One to One Visits - V 4E 3:00pm Snoezelen Experience - V 4E 3:30pm Tranquil Nature - AR4E	30 8:30am Walking Club - V 4E 10:30am Table Top Activities - AR4E 10:30am Throwback Tuesdays with Chaplain Jake - MPR 11:45am One to One Visits - V 4E 2:00pm Outdoor Activities - C 2:30pm Memorial Service - MPR	31 9:45am Walking Club - V 4E 10:15am Residents Choice (TV) - V 4E 10:30am Church Service - MPR 2:30pm Community Music Jamming Session - Canadian Artists - MPR 3:00pm Movie - V 4E			

AR4E - Activity Room 4E

C - Courtyard

MPR - Multi-Purpose Room

V - Varied

V 4E - Varied 4E