


# July 2024



## 2 East Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <b>1</b>	<b>1</b> <b>2:00pm Canada Day Ice Cream Social - courtyard</b> 2:30pm Resident Sing-a-Long <b>Canada Day</b>	<b>2</b> 10:30am Bingo - AR2E <b>10:30am Throwback Tuesdays with Chaplain Jake - MPR</b> 2:00pm <b>Outdoor Activities - C</b>	<b>3</b> <b>10:30am Church Service - MPR</b> 2:30pm Valleyview News - TV2E	<b>4</b> 10:30am Friendly Visits - V 2E <b>2:30pm Live Entertainment in the Courtyard - Jay Franco - MPR</b>	<b>5</b> <b>10:30am Outdoor Activities - C</b> <b>2:30pm Jewish Service - MPR</b>	<b>6</b> <b>10:30am Church Service - MPR</b> 2:30pm Spiritual Songs
<b>7</b> 10:00am Music Appreciation - TV2E <b>2:30pm Outdoor Games - C</b>	<b>8</b> <b>10:30am Adapted Dance with Riki - MPR</b> 2:30pm Resident Sing-a-Long	<b>9</b> 10:30am Bingo - AR2E <b>10:30am Throwback Tuesdays with Chaplain Jake - MPR</b> 2:00pm <b>Outdoor Activities - C</b>	<b>10</b> <b>10:30am Church Service - MPR</b> <b>2:30pm Community Baking Club - Ice Cream Cupcakes - MPR</b>	<b>11</b> 10:30am Friendly Visits - V 2E <b>2:30pm Summer Tea Social - MPR</b>	<b>12</b> <b>10:30am Outdoor Activities - C</b> <b>2:30pm Jewish Service - MPR</b>	<b>13</b> <b>10:30am Church Service - MPR</b> 2:30pm Spiritual Songs
<b>14</b> 10:30am Cultural Mosaic - TV2E <b>2:30pm Outdoor Games - C</b>	<b>15</b> <b>10:30am Tai Chi with Gina - MPR</b> 2:30pm Resident Sing-a-Long <b>2:30pm Residents' Council - MPR</b>	<b>16</b> 10:30am Bingo - AR2E <b>10:30am Throwback Tuesdays with Chaplain Jake - MPR</b> 2:00pm <b>Outdoor Activities - C</b>	<b>17</b> <b>10:30am Church Service - MPR</b> <b>11:30am Annual BBQ - MPR</b> 2:30pm Cultural Mosaic - TV2E	<b>18</b> 10:30am Outdoor Time - V 2E 2:30pm Activity Calendar Planning - TV2E	<b>19</b> <b>10:30am Outdoor Activities - C</b> <b>2:30pm Jewish Service - MPR</b>	<b>20</b> <b>10:30am Church Service - MPR</b> 2:30pm Spiritual Songs
<b>21</b> 10:30am Music Trivia - TV2E <b>2:30pm Outdoor Games - C</b>	<b>22</b> <b>10:30am Seated Ballroom - MPR</b> 2:30pm Resident Sing-a-Long	<b>23</b> 10:30am Bingo - AR2E <b>10:30am Throwback Tuesdays with Chaplain Jake - MPR</b> 2:00pm <b>Outdoor Activities - C</b>	<b>24</b> <b>10:30am Church Service - MPR</b> <b>2:30pm Community Bingo Club - Canada Bingo - MPR</b>	<b>25</b> <b>10:00am Pet Therapy - Hands on Exotic - V</b> 2:30pm August Events Update - Discussion group - V 2E	<b>26</b> <b>10:30am Outdoor Activities - C</b> <b>2:30pm Jewish Service - MPR</b>	<b>27</b> <b>10:30am Church Service - MPR</b> 2:30pm Spiritual Songs
<b>28</b> 10:30am Armchair Travel - TV2E <b>2:30pm Outdoor Games - C</b>	<b>29</b> <b>10:30am Yoga with Nancy - MPR</b> 2:30pm Resident Sing-a-Long	<b>30</b> 10:30am Bingo - AR2E <b>10:30am Throwback Tuesdays with Chaplain Jake - MPR</b> 2:00pm <b>Outdoor Activities - C</b> <b>2:30pm Memorial Service - MPR</b>	<b>31</b> <b>10:30am Church Service - MPR</b> <b>2:30pm Community Music Jamming Session - Canadian Artists - MPR</b> 2:30pm current events - TV2E			

AR2E - Activity Room 2E  
 V 2E - Varied 2E

C - Courtyard

MPR - Multi-Purpose Room

TV2E - TV Room 2E

V - Varied