

June 2024



4 West Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10:30am Church Service - MPR 2:30pm Spiritual Songs - V 4W 2:30pm Spiritual Songs 2:30pm Unit Decorating - V 4W
2 10:30am Lovable Companions (Pet Therapy) - AR4W 2:30pm Courtyard Games - C 3:45pm One To Ones - V 4W	3 9:30am Walk And Roll Club - V 4W 10:30am Adapted Dance with Riki - MPR 2:30pm Music Appreciation - V 4W	4 10:30am Outdoor Activities Patio Pals (4E/4W) - V 4E 10:30am Spiritual Studies - MPR 10:40am Green Thumbs Gardening (4E/4W) - AR4E 2:30pm You Got To Know When To Fold 'Em (Laundry Club) - AR4W	5 9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am Church Service - MPR 2:00pm Community Baking Club - MPR	6 10:30am Balcony Buddies - V 4W 2:30pm Live Entertainment - Mikhail Khinkis - MPR 3:45pm One To Ones - V 4W	7 10:30am Creative Artists Group - AR4W 2:30pm Jewish Service - MPR 2:30pm Music Appreciation - V 4W	8 10:30am Church Service - MPR 2:30pm Spiritual Songs
9 2:30pm Courtyard Games - C	10 9:30am Walk And Roll Club - V 4W 10:30am Tai Chi with Gina - MPR 2:30pm Creative Artists Group - AR4W 3:45pm One To Ones - V 4W	11 10:30am Brain Teasers - V 4W 10:30am Spiritual Studies - MPR 11:00am Good Neighbours Discussion Club - V 4W 2:30pm Sing With Us - TV4W	12 9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am Church Service - MPR 2:30pm Community Music Jamming Session - MPR	13 10:30am Father's Day Tea Social - MPR 2:30pm Celebration of Culture - TV4W 2:30pm Tranquil Nature - Gardens Around the World - V 4W	14 10:30am Reminiscing - Famous Fathers - V 4W 2:15pm Musical Movie - TV4W 2:30pm Jewish Service - MPR	15 10:30am Church Service - MPR 2:30pm Spiritual Songs
16 2:30pm Courtyard Games - C 	17 9:30am Walk And Roll Club - V 4W 10:30am Seated Ballroom - MPR 2:30pm Talent Show (TV) - V 4W 2:30pm Residents' Council - MPR	18 10:30am Short Stories Club - V 4W 10:30am Spiritual Studies - MPR 2:30pm Armchair Travel and Talk - TV4W 2:30pm Montessori Table Top Activities - AR4W	19 9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am Church Service - MPR 2:30pm Community Bingo Club - MPR	20 10:20am Outdoor Activities Patio Pals (4E/4W) - V 4E 10:30am 4 Express (Sports Games) (4E/4W) - AR4E 2:00pm Milkshake Madness - MPR 2:30pm Live Entertainment in the Courtyard - David Wildsmith	21 10:30am Creative Artists Group - AR4W 2:30pm Jewish Service - MPR 2:30pm Music Appreciation - V 4W	22 10:30am Church Service - MPR 2:30pm Spiritual Songs
23 2:30pm Courtyard Games - C	24 9:30am Walk And Roll Club - V 4W 10:30am Yoga with Nancy - MPR 2:30pm Coffee & Tea Social Club - AR4W 2:30pm Tranquil Nature - V 4W	25 10:30am Songs, Stories & Jokes by the Campfire - TV4W 10:30am Spiritual Studies - MPR 2:30pm Music Appreciation - V 4W 2:30pm Sensory Therapy - AR4W	26 9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am Church Service - MPR 2:00pm Community Artists Club - MPR	27 10:20am Outdoor Activities Patio Pals (4E/4W) - V 4E 10:30am Cool Drinks Social Club (4E/4W) - V 4E 2:00pm Canada Day Activities - MPR	28 10:30am Balcony Buddies - V 4W 10:30am Music Appreciation - Canadian Artists - V 4W 2:15pm Classic Movie - TV4W 2:30pm Jewish Service - MPR	29 10:30am Church Service - MPR 2:30pm Spiritual Songs
30 2:30pm Courtyard Games - C			Some programs may take place outdoors, weather permitting.			Programs subject to change

AR4E - Activity Room 4E

AR4W - Activity Room 4W

C - Courtyard

MPR - Multi-Purpose Room

TV4W - TV Room 4W

V 4E - Varied 4E

V 4W - Varied 4W

