


June 2024



4 East Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10:30am Church Service - MPR 2:30pm Spiritual Songs
2 2:30pm Courtyard Games - C	3 9:45am Walking Club - V 4E 10:30am Adapted Dance with Riki - MPR 2:00pm Music Appreciation - V 4E 2:10pm Unit Decorating - V 4E 2:30pm One to One Visits - V 4E 3:00pm Snoezelen Experience - V 4E	4 9:45am Walking Club - V 4E 10:30am Green Thumbs Gardening - AR4E 10:30am Spiritual Studies - MPR 11:45am One to One Visits - V 4E 2:30pm Table Top Activities - AR4E 3:00pm Tranquil Nature - AR4E	5 9:45am Walking Club - V 4E 10:15am Residents Choice (TV) - V 4E 10:30am Church Service - MPR 2:00pm Community Baking Club - MPR 3:00pm Movie - V 4E	6 9:45am Walking Club - V 4E 10:30am Outdoor Patio Pals - V 4E 10:30am Window on the World - V 4E 2:00pm Music Appreciation - V 4E 2:30pm Live Entertainment - Mikhail Khinkis - MPR	7 9:45am Walking Club - V 4E 10:30am Bingo Club - AR4E 10:30am Hymn Singing - V 4E 11:45am One to One Visits - V 4E 2:30pm Jewish Service - MPR	8 10:30am Church Service - MPR 2:30pm Spiritual Songs
9 2:30pm Courtyard Games - C	10 9:45am Walking Club - V 4E 10:30am Montessori Group - AR4E 10:30am Tai Chi with Gina - MPR 2:00pm Music Appreciation - V 4E 2:30pm One to One Visits - V 4E 3:00pm Snoezelen Experience - V 4E	11 9:45am Walking Club - V 4E 10:00am Moving to Music - V 4E 10:30am 4 Express (Sports Games) - AR4E 10:30am Spiritual Studies - MPR 11:45am One to One Visits - V 4E 2:30pm Colouring and Painting - AR4E	12 9:45am Walking Club - V 4E 10:15am Residents Choice (TV) - V 4E 10:30am Church Service - MPR 2:30pm Community Music Jamming Session - MPR 3:00pm Movie - V 4E	13 9:45am Walking Club - V 4E 10:30am Father's Day Tea Social - MPR 10:30am Window on the World - V 4E 2:30pm Outdoor Patio Pals - V 4E 2:45pm Music And Movement - V 4E	14 9:45am Walking Club - V 4E 10:30am Art with Ming on 4East - V 10:30am Hymn Singing - V 4E 11:45am One to One Visits - V 4E 2:30pm Jewish Service - MPR	15 10:30am Church Service - MPR 2:30pm Spiritual Songs
16 2:30pm Courtyard Games - C 	17 9:45am Walking Club - V 4E 10:30am Montessori Group - AR4E 10:30am Seated Ballroom - MPR 2:00pm Music Appreciation - V 4E 2:30pm One to One Visits - V 4E 2:30pm Residents' Council - MPR 3:00pm Snoezelen Experience - V 4E	18 9:45am Walking Club - V 4E 10:00am Resident Sing-Along - AR4E 10:30am Bingo Club - AR4E 10:30am Spiritual Studies - MPR 11:45am One to One Visits - V 4E 2:00pm Residents Choice (TV) - V 4E 2:30pm Baby Care Corner - AR4E	19 9:45am Walking Club - V 4E 10:15am Residents Choice (TV) - V 4E 10:30am Church Service - MPR 2:30pm Community Bingo Club - MPR 3:00pm Movie - V 4E	20 9:45am Walking Club - V 4E 10:20am Outdoor Activities - V 4E 10:30am Window on the World - V 4E 2:00pm Milkshake Madness - MPR 2:30pm Live Entertainment in the Courtyard - David Wildsmith	21 9:45am Walking Club - V 4E 10:30am Bingo Club - AR4E 10:30am Hymn Singing - V 4E 11:45am One to One Visits - V 4E 2:30pm Jewish Service - MPR	22 10:30am Church Service - MPR 2:30pm Spiritual Songs
23 2:30pm Courtyard Games - C	24 9:45am Walking Club - V 4E 10:00am Residents Choice (TV) - V 4E 10:30am Montessori Group - AR4E 10:30am Yoga with Nancy - MPR 2:00pm Music Appreciation - V 4E 2:30pm One to One Visits - V 4E 3:00pm Snoezelen Experience - V 4E	25 9:45am Walking Club - V 4E 10:00am Comedy Time - V 4E 10:30am Bingo Club - AR4E 10:30am Spiritual Studies - MPR 11:45am One to One Visits - V 4E 2:30pm Exploring The Internet - AR4E 3:00pm Table Top Activities - Puzzle - AR4E	26 9:45am Walking Club - V 4E 10:15am Residents Choice (TV) - V 4E 10:30am Church Service - MPR 2:00pm Community Artists Club - MPR 3:00pm Movie - V 4E	27 9:45am Walking Club - V 4E 10:00am Music Appreciation - V 4E 10:30am Window on the World - V 4E 10:45am Moving to Music - V 4E 2:00pm Canada Day Activities - MPR	28 9:45am Walking Club - V 4E 10:00am Residents Choice (TV) - V 4E 10:30am Hymn Singing - V 4E 11:45am One to One Visits - V 4E 2:30pm Jewish Service - MPR	29 9:45am Walking Club - V 4E 10:00am Hymn Singing - V 4E 10:30am Church Service - MPR 2:00pm One to One Visits - V 4E 2:30pm Spiritual Songs 3:00pm Residents Choice (TV) - V 4E
30 9:45am Walking Club - V 4E 10:00am Catholic Service T. V Virtual on YouTube - AR4E			Some programs may take place outdoors, weather permitting.			Programs subject to change

AR4E - Activity Room 4E

C - Courtyard

MPR - Multi-Purpose Room

V - Varied

V 4E - Varied 4E

