

May 2024



4 West Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am Church Service - MPR 2:15pm Movie - MPR 2:15pm Movie - TV4W	2 10:45am Lovable Companions (Pet Therapy) - AR4W 2:30pm Montessori Table Top Activities - AR4W 2:30pm Unit Decorating - V 4W 3:30pm One To Ones - V 4W	3 10:30am Creative Artists Group - AR4W 2:30pm Jewish Service - MPR 2:30pm Music Appreciation - V 4W	4 10:30am Church Service - MPR 2:30pm Spiritual Songs
5 3:15pm Entertainment - Nirkoda with Kishka Klaymar Band - MPR	6 9:30am Walk And Roll Club - V 4W 10:30am Adapted Dance with Riki - MPR 2:30pm Sensory Therapy - AR4W 3:45pm One To Ones - V 4W	7 10:30am Creative Artists Group - AR4W 10:30am Spiritual Studies - MPR 2:30pm Lovable Companions (Pet Therapy) - AR4W 2:30pm Tranquil Nature - V 4W 3:00pm Sing With Us - TV4W	8 9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am Church Service - MPR 2:30pm Celebration of Culture - TV4W 2:30pm Community Artists Club - Mother's Day - MPR	9 10:30am Comedy Club - V 4W 10:45am You Got To Know When To Fold 'Em (Laundry Club) - AR4W 2:30pm Live Entertainment - Merry Melodies - MPR	10 10:00am Mother's Day Baking Social Club (4E/4W) - AR4E 10:30am Reminiscing - Trip Down Memory Lane (4E/4W) - AR4E 2:30pm Jewish Service - MPR 2:30pm Music Appreciation - V 4W	11 10:30am Church Service - MPR 2:30pm Spiritual Songs
12 Happy Mother's Day 2:30pm Travel the World - MPR	13 9:30am Walk And Roll Club - V 4W 10:30am Tai Chi with Gina - MPR 2:30pm Mother's Day Coffee & Tea Social Club (4E/4W) - AR4E 2:30pm Tranquil Nature - V 4W	14 10:30am Good Neighbours Discussion Club - V 4W 10:30am Spiritual Studies - MPR 2:00pm Community Baking Club - MPR 2:00pm Talent Show (TV) - V 4W	15 9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am Church Service - MPR 2:30pm Celebration of Culture - TV4W 2:30pm Community Music Jamming Session - MPR	16 10:30am Guess The Answer! - V 4W 10:45am Willowdale Warriors (Sports Games) - V 4W 2:30pm Comedy Club - V 4W 2:30pm Lovable Companions (Pet Therapy) - AR4W 3:30pm One To Ones - V 4W	17 10:30am Creative Artists Group - AR4W 2:30pm Jewish Service - MPR 2:30pm Music Appreciation - V 4W	18 10:30am Church Service - MPR
19 2:30pm Travel the World - MPR	20 9:30am Walk And Roll Club - V 4W 10:30am Yoga with Nancy - MPR 2:30pm Songs, Stories & Jokes by the Campfire - TV4W 3:15pm Reminiscing - Trip Down Memory Lane - V 4W	21 10:30am Brain Teasers - V 4W 10:30am Spiritual Studies - MPR 11:00am Sing With Us - TV4W 2:30pm You Got To Know When To Fold 'Em (Laundry Club) - AR4W	22 9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am Church Service - MPR 2:30pm Community Active Games - MPR 2:30pm Residents Choice (TV) - V 4W	23 10:30am Community Tea Social - MPR 2:00pm Classic Musical Movie - TV4W 2:30pm Sensory Therapy - AR4W 3:45pm One To Ones - V 4W	24 10:30am Creative Artists Group - AR4W 2:30pm Jewish Service - MPR 2:30pm Music Appreciation - V 4W	25 10:30am Church Service - MPR 2:30pm Spiritual Songs
26 2:30pm Travel the World - MPR	27 9:30am Walk And Roll Club - V 4W 10:30am Community Seated Exercise - MPR 2:15pm Tranquil Nature - V 4W 2:30pm Residents' Council - MPR	28 10:30am Spiritual Studies - MPR 10:30am Montessori Table Top Activities - AR4W 2:30pm Board Games Bonanza TBC - MPR 2:30pm Music Around the World - V 4W	29 9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W 10:30am Church Service - MPR 2:30pm Community Bingo Club - MPR 2:30pm Residents Choice (TV) - V 4W	30 10:45am Music Care (Cool Rhythms Percussion Band) (4E/4W) - AR4E 2:30pm Sensory Therapy - AR4W 2:30pm Tranquil Nature - V 4W	31 10:30am Creative Artists Group - AR4W 2:30pm Jewish Service - MPR 2:30pm Music Appreciation - V 4W	

AR4E - Activity Room 4E

AR4W - Activity Room 4W

MPR - Multi-Purpose Room

TV4W - TV Room 4W

V 4W - Varied 4W

