

May 2024



4 East Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			9:45am Walking Club - V 4E 10:15am Residents Choice (TV) - V 4E 10:30am Church Service - MPR 2:15pm Movie - MPR 3:00pm Movie - V 4E	9:45am Walking Club - V 4E 10:15am Creative Artists Group - AR4E 10:30am Window on the World - Relaxing & Peaceful Music - V 4E 11:00am Unit Decorating - V 4E 2:30pm Table Top Activities - AR4E	9:45am Walking Club - V 4E 10:30am Bingo Club - AR4E 10:30am Hymn Singing - V 4E 11:45am One to One Visits - V 4E 2:30pm Jewish Service - MPR 3:00pm Music Appreciation (Resident's Choice Concert). - V 4E	10:30am Church Service - MPR 2:30pm Spiritual Songs
5	6	7	8	9	10	11
3:15pm Entertainment - Nirkoda with Kishka Klaymar Band - MPR	9:45am Walking Club - V 4E 10:30am Adapted Dance with Riki - MPR 2:00pm Montessori Group - AR4E 2:45pm Calming Sensory Relaxation - V 4E 3:00pm Snoezelen Experience - V 4E 3:15pm One to One Visits - V 4E	9:45am Walking Club - V 4E 10:30am Bingo Club - AR4E 10:30am Spiritual Studies - MPR 11:45am One to One Visits - V 4E 2:00pm Music Appreciation - V 4E	9:45am Walking Club - V 4E 10:15am Residents Choice (TV) - V 4E 10:30am Church Service - MPR 2:30pm Community Artists Club - Mother's Day - MPR 3:00pm Movie - V 4E	9:45am Walking Club - V 4E 10:30am 4 Express (Sports Games) - AR4E 10:30am Window on the World - Relaxing & Peaceful Music - V 4E 2:30pm Live Entertainment - Merry Melodies - MPR	9:45am Walking Club - V 4E 10:00am Mother's Day Baking Social Club (4E/4W) - AR4E 10:30am Reminiscing - Trip Down Memory Lane (4E/4W) - AR4E 11:45am One to One Visits - V 4E 2:30pm Jewish Service - MPR 3:00pm Music Appreciation (Resident's Choice Concert). - V 4E	10:30am Church Service - MPR 2:30pm Spiritual Songs
12	13	14	15	16	17	18
Happy Mother's Day 2:30pm Travel the World - MPR	9:45am Walking Club - V 4E 10:30am Tai Chi with Gina - MPR 11:00am Reminiscing - Trip Down Memory Lane - AR4E 2:30pm Mother's Day Coffee & Tea Social Club (4E/4W) - AR4E 3:00pm Snoezelen Experience - V 4E 3:45pm One to One Visits - V 4E	9:45am Walking Club - V 4E 10:30am Bingo Club - AR4E 10:30am Spiritual Studies - MPR 11:45am One to One Visits - V 4E 2:00pm Community Baking Club - MPR 2:00pm Resident Sing-Along - AR4E	9:45am Walking Club - V 4E 10:15am Residents Choice (TV) - V 4E 10:30am Church Service - MPR 2:30pm Community Music Jamming Session - MPR 3:00pm Movie - V 4E	9:45am Walking Club - V 4E 10:30am Outdoor Patio Activities (If weather Permits) - V 4E 10:30am Window on the World - Relaxing & Peaceful Music - V 4E 10:45am Cool Drinks Social Club - V 4E 2:30pm Music Care (Cool Rhythms Percussion Band) - AR4E	9:45am Walking Club - V 4E 10:30am Bingo Club - AR4E 10:30am Hymn Singing - V 4E 11:45am One to One Visits - V 4E 2:30pm Jewish Service - MPR 3:00pm Music Appreciation (Resident's Choice Concert). - V 4E	9:40am Walking Club - V 4E 10:00am Hymn Singing - V 4E 10:30am Church Service - MPR 2:00pm One to One Visits - V 4E 2:30pm Spiritual Songs - V 4E
19	20	21	22	23	24	25
9:40am Walking Club - V 4E 10:00am Catholic Service T. V Virtual on YouTube - AR4E 11:00am Baby Care Corner - AR4E 2:30pm Movie - V 4E 2:30pm Travel the World - MPR	9:45am Walking Club - V 4E 10:30am Yoga with Nancy - MPR 2:00pm Music Appreciation - V 4E 3:00pm Snoezelen Experience - V 4E 3:15pm One to One Visits - V 4E	9:45am Walking Club - V 4E 10:30am Bingo Club - AR4E 10:30am Spiritual Studies - MPR 11:45am One to One Visits - V 4E 2:00pm Armchair Travel - V 4E 3:00pm Music And Movement - V 4E	9:45am Walking Club - V 4E 10:15am Residents Choice (TV) - V 4E 10:30am Church Service - MPR 2:30pm Community Active Games - MPR 3:00pm Movie - V 4E	9:45am Walking Club - V 4E 10:30am Community Tea Social - MPR 10:30am Window on the World - Relaxing & Peaceful Music - V 4E 2:00pm Exploring The Internet - AR4E	9:45am Walking Club - V 4E 10:30am Bingo Club - AR4E 10:30am Hymn Singing - V 4E 11:45am One to One Visits - V 4E 2:30pm Jewish Service - MPR 3:00pm Music Appreciation (Resident's Choice Concert). - V 4E	10:30am Church Service - MPR 2:30pm Spiritual Songs
26	27	28	29	30	31	
2:30pm Travel the World - MPR	9:45am Walking Club - V 4E 10:30am Community Seated Exercise - MPR 10:30am Montessori Group - AR4E 2:30pm Lovable Companions (Pet Therapy) - AR4E 2:30pm Residents' Council - MPR 3:00pm Snoezelen Experience - V 4E 3:15pm One to One Visits - V 4E	9:45am Walking Club - V 4E 10:30am Bingo Club - AR4E 10:30am Spiritual Studies - MPR 11:45am One to One Visits - V 4E 2:00pm Tranquil Nature - AR4E 2:30pm Board Games Bonanza TBC - MPR	9:45am Walking Club - V 4E 10:15am Residents Choice (TV) - V 4E 10:30am Church Service - MPR 2:30pm Community Bingo Club - MPR 3:00pm Movie - V 4E	9:45am Walking Club - V 4E 10:30am Outdoor Patio Activities (If the weather permits) - V 4E 10:30am Window on the World - Relaxing & Peaceful Music - V 4E 10:45am Cool Drinks Social Club - V 4E 10:45am Music Care (Cool Rhythms Percussion Band) (4E/4W) - AR4E 2:30pm Sit and Get Fit - V 4E	9:45am Walking Club - V 4E 10:30am Bingo Club - AR4E 10:30am Hymn Singing - V 4E 11:45am One to One Visits - V 4E 2:30pm Jewish Service - MPR 3:00pm Music Appreciation (Resident's Choice Concert). - V 4E	