

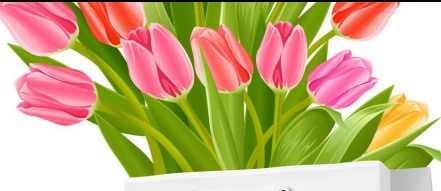
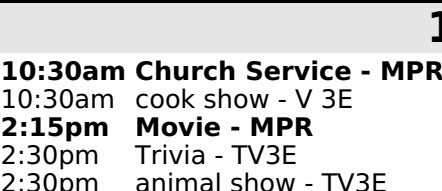


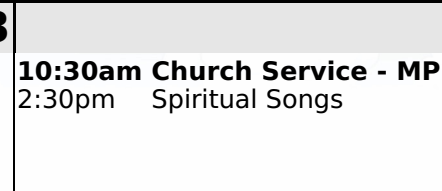



May 2024

3 East Programs Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
5	6	7	8	9	10	11
3:15pm Entertainment - Nirkoda with Kishka Klaymar Band - MPR	10:30am Adapted Dance with Riki - MPR 10:30am Comedy Hour - V 3E 2:30pm Cognitive game - AR3E 2:30pm music appreciation - V 3E	10:30am Spiritual Studies - MPR 10:30am Walk And Sing - V 3E 10:30am armchair travel - V 3E 2:30pm Cognitive game - AR3E 2:30pm Nature appreciation. - TV3E	10:30am Church Service - MPR 10:30am cook show - V 3E 2:30pm Community Artists Club - Mother's Day - MPR 2:30pm Trivia - TV3E 2:30pm animal show - TV3E	10:30am Cognitive game - AR3E 2:30pm Live Entertainment - Merry Melodies - MPR	10:30am arts & crafts appreciation. - V 3E 2:30pm Jewish Service - MPR	10:30am Church Service - MPR 2:30pm Spiritual Songs
12	13	14	15	16	17	18
Happy Mother's Day 2:30pm Travel the World - MPR	10:30am Comedy Hour - V 3E 10:30am Tai Chi with Gina - MPR 2:30pm Cognitive game - AR3E 2:30pm music appreciation - V 3E	10:30am Spiritual Studies - MPR 10:30am Walk And Sing - V 3E 10:30am armchair travel - V 3E 2:00pm Community Baking Club - MPR 2:30pm Nature appreciation. - TV3E	10:30am Church Service - MPR 10:30am cook show - V 3E 2:30pm Community Music Jamming Session - MPR 2:30pm Trivia - TV3E 2:30pm animal show - TV3E	10:30am Cognitive game - AR3E 2:30pm Trivia - TV3E 2:30pm music appreciation - V 3E	10:30am arts & crafts appreciation. - V 3E 2:30pm Jewish Service - MPR	10:30am Church Service - MPR
19	20	21	22	23	24	25
2:30pm Travel the World - MPR	10:30am Comedy Hour - V 3E 10:30am Yoga with Nancy - MPR 2:30pm Cognitive game - AR3E 2:30pm music appreciation - V 3E	10:30am Spiritual Studies - MPR 10:30am Walk And Sing - V 3E 10:30am armchair travel - V 3E 2:30pm Cognitive game - AR3E 2:30pm Nature appreciation. - TV3E	10:30am Church Service - MPR 10:30am cook show - V 3E 2:30pm Community Active Games - MPR 2:30pm Trivia - TV3E 2:30pm animal show - TV3E	10:30am Community Tea Social - MPR 2:30pm Trivia - TV3E 2:30pm music appreciation - V 3E	10:30am arts & crafts appreciation. - V 3E 2:30pm Jewish Service - MPR	10:30am Church Service - MPR 2:30pm Spiritual Songs
26	27	28	29	30	31	
10:00am singing along - AR3E 2:30pm Travel the World - MPR 2:30pm cook show - V 3E	10:30am Comedy Hour - V 3E 10:30am Community Seated Exercise - MPR 2:30pm Residents' Council - MPR 2:30pm music appreciation - V 3E	10:30am Spiritual Studies - MPR 10:30am Walk And Sing - V 3E 10:30am armchair travel - V 3E 2:30pm Board Games Bonanza TBC - MPR 2:30pm Cognitive game - AR3E 2:30pm Nature appreciation. - TV3E	10:30am Church Service - MPR 10:30am cook show - V 3E 2:30pm Community Bingo Club - MPR 2:30pm Trivia - TV3E 2:30pm animal show - TV3E	10:30am Cognitive game - AR3E 2:30pm Trivia - TV3E 2:30pm music appreciation - V 3E	10:30am arts & crafts appreciation. - V 3E 2:30pm Jewish Service - MPR	

AR3E - Activity Room 3E

MPR - Multi-Purpose Room

TV3E - TV Room 3E

V 3E - Varied 3E

