


## 4 East Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> <b>April Fool's Day</b> 9:45am Walking Club - V 4E 10:00am Armchair Travel - V 4E <b>10:30am Community Seated Exercise - MPR</b> 2:00pm Unit Decorating - V 4E 2:30pm One to One Visits - V 4E 3:00pm Snoezelen Experience - V 4E	<b>2</b> 9:45am Walking Club - V 4E 10:30am Bingo Club - AR4E <b>10:30am Spiritual Studies - MPR</b> 11:45am One to One Visits - V 4E 2:30pm Table Top Activities - AR4E 3:15pm Baby Care Corner - AR4E	<b>3</b> 9:45am Walking Club - V 4E 10:15am Residents Choice (TV) - V 4E <b>10:30am Church Service - MPR</b> <b>2:30pm Community Music Jamming Session - MPR</b> 3:00pm Movie - V 4E	<b>4</b> 9:45am Walking Club - V 4E 10:30am Music Care ( Cool Rhythms Percussion Band ) - AR4E 10:30am Window on the World - Relaxing & Peaceful Music - V 4E 2:30pm Folding And Sorting ( Montessori Group ) - AR4E	<b>5</b> 9:45am Walking Club - V 4E 10:30am Bingo Club - AR4E 10:30am Hymn Singing - V 4E 11:45am One to One Visits - V 4E 2:00pm Spiritual Songs - V 4E <b>2:30pm Jewish Service - MPR</b>	<b>6</b> <b>10:30am Church Service - MPR</b> 2:30pm Spiritual Songs
<b>7</b> <b>2:30pm Travel the World - MPR</b>	<b>8</b> 9:45am Walking Club - V 4E 10:00am Tranquil Nature - AR4E <b>10:30am Adapted Dance with Riki - MPR</b> 2:00pm Montessori Group - AR4E 2:30pm One to One Visits - V 4E 3:00pm Snoezelen Experience - V 4E	<b>9</b> 9:45am Walking Club - V 4E 10:30am Bingo Club - AR4E <b>10:30am Spiritual Studies - MPR</b> 11:45am One to One Visits - V 4E 2:30pm 4 Express (Sports Games) - AR4E	<b>10</b> 9:45am Walking Club - V 4E 10:15am Residents Choice (TV) - V 4E <b>10:30am Church Service - MPR</b> <b>2:00pm Community Obie Games - MPR</b> 3:00pm Movie - V 4E	<b>11</b> 9:45am Walking Club - V 4E <b>10:30am Hymn Singing - MPR</b> 10:30am Window on the World - Relaxing & Peaceful Music - V 4E 2:30pm Sit and Get Fit - V 4E 3:30pm Music Appreciation - V 4E	<b>12</b> 9:45am Walking Club - V 4E 10:30am Bingo Club - AR4E 10:30am Hymn Singing - V 4E 11:45am One to One Visits - V 4E 2:00pm Spiritual Songs - V 4E <b>2:30pm Jewish Service - MPR</b>	<b>13</b> <b>10:30am Church Service - MPR</b> 2:30pm Spiritual Songs
<b>14</b> <b>2:30pm Travel the World - MPR</b>	<b>15</b> 9:45am Walking Club - V 4E 10:00am Music And Movement - V 4E <b>10:30am Tai Chi with Gina - MPR</b> 2:00pm Residents Choice (TV) Concerts and Shows - V 4E <b>2:30pm Residents' Council - MPR</b> 3:00pm Snoezelen Experience - V 4E	<b>16</b> 9:45am Walking Club - V 4E 10:30am Bingo Club - AR4E <b>10:30am Spiritual Studies - MPR</b> 11:45am One to One Visits - V 4E 2:30pm Coffee & Tea Social Club (4W/4E) - AR4W 3:00pm Good Neighbours Discussion Club (4W/4E) - V 4W	<b>17</b> 9:45am Walking Club - V 4E 10:15am Residents Choice (TV) - V 4E <b>10:30am Church Service - MPR</b> <b>2:15pm Movie - MPR</b> 3:00pm Movie - V 4E	<b>18</b> 9:45am Walking Club - V 4E <b>10:15am Community Baking Club - Better Batter Bakers - MPR</b> 10:30am Window on the World - Relaxing & Peaceful Music - V 4E 2:30pm Resident Sing-Along - AR4E 3:30pm Comedy Time - V 4E	<b>19</b> 9:45am Walking Club - V 4E 10:30am Hymn Singing - V 4E <b>10:30am Community Tea Spring Social - MPR</b> 11:45am One to One Visits - V 4E 2:00pm Spiritual Songs - V 4E <b>2:30pm Jewish Service - MPR</b>	<b>20</b> <b>10:30am Church Service - MPR</b> 2:30pm Spiritual Songs
<b>21</b> <b>2:30pm Travel the World - MPR</b>	<b>22</b> <b>Passover Begins Earth Day</b> 9:45am Walking Club - V 4E 10:00am Reminiscing - Trip Down Memory Lane - AR4E <b>10:30am Seated Ballroom - MPR</b> 2:00pm Montessori Group - AR4E 2:30pm One to One Visits - V 4E 3:00pm Snoezelen Experience - V 4E	<b>23</b> 9:45am Walking Club - V 4E <b>10:30am Community Artists Club - It's A Spring Thing - MPR</b> <b>10:30am Spiritual Studies - MPR</b> 11:45am One to One Visits - V 4E 2:30pm Lovable Companions (Pet Therapy) - AR4E	<b>24</b> 9:45am Walking Club - V 4E 10:15am Residents Choice (TV) - V 4E <b>10:30am Church Service - MPR</b> <b>2:30pm Community Bingo Club - MPR</b> 3:00pm Movie - V 4E	<b>25</b> 9:45am Walking Club - V 4E 10:30am Baking Social Club - AR4E 10:30am Window on the World - Relaxing & Peaceful Music - V 4E 11:00am Reminiscing - Trip Down Memory Lane - AR4E <b>2:30pm Entertainment Zachary Erickson - MPR</b>	<b>26</b> 9:45am Walking Club - V 4E 10:30am Bingo Club - AR4E 10:30am Hymn Singing - V 4E 11:45am One to One Visits - V 4E 2:00pm Spiritual Songs - V 4E <b>2:30pm Jewish Service - MPR</b>	<b>27</b> <b>10:30am Church Service - MPR</b> 2:30pm Spiritual Songs
<b>28</b> <b>2:30pm Travel the World - MPR</b>	<b>29</b> 9:45am Walking Club - V 4E 10:00am Music Appreciation - V 4E <b>10:30am Yoga with Nancy - MPR</b> 2:00pm Montessori Group - AR4E 2:30pm One to One Visits - V 4E 3:00pm Snoezelen Experience - V 4E	<b>30</b> <b>Passover Ends</b> 9:45am Walking Club - V 4E 10:30am Bingo Club - AR4E <b>10:30am Spiritual Studies - MPR</b> 11:45am One to One Visits - V 4E 2:30pm Calming Sensory Relaxation - V 4E	