






# February 2024



## 4 West Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>1</b> 9:30am Walk And Roll Club - V 4W 10:30am Music Appreciation - V 4W 10:30am Unit Decorating - V 4W <b>2:30pm Live Entertainment - Zachary Erickson - MPR</b>	<b>2</b> 10:30am Creative Artists Group - AR4W 10:30am Residents Choice (TV) - V 4W <b>2:30pm Jewish Service - MPR</b>	<b>3</b> <b>10:30am Church Service - MPR</b> 2:30pm Spiritual Songs
<b>4</b>	<b>5</b> 9:30am Walk And Roll Club - V 4W <b>10:30am Adapted Dance with Riki - MPR</b> 2:30pm Golden Oldies Tunes - V 4W 3:45pm One To Ones - V 4W	<b>6</b> 10:30am Songs & Stories by the Campfire - Celebrating Black History Month (4W/4E) - TV4W <b>10:30am Spiritual Studies - MPR</b> 2:30pm Sensory Therapy - AR4W 2:30pm Tranquil Nature - V 4W	<b>7</b> 9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W <b>10:30am Church Service - MPR</b> <b>2:15pm Movie - MPR</b> 2:15pm Residents Choice (TV) - V 4W	<b>8</b> 9:30am Walk And Roll Club - V 4W <b>10:30am Community Artists Club - Valentine Theme - MPR</b> 2:30pm Celebration of Culture - TV4W	<b>9</b> 10:30am Music Appreciation - V 4W 10:30am Montessori Table Top Activities - AR4W <b>2:30pm Jewish Service - MPR</b>	<b>10</b> <b>10:30am Church Service - MPR</b> 2:30pm Spiritual Songs
<b>11</b>	<b>12</b> 9:30am Walk And Roll Club - V 4W <b>10:30am Yoga with Nancy - MPR</b> 2:30pm Cool Rhythms Percussion Band - V 4W <b>3:15pm Celebration of Culture - Chinese New Year - TV4W</b>	<b>13</b> 10:30am Comedy Club - V 4W 10:30am Creative Artists Group - AR4W <b>10:30am Spiritual Studies - MPR</b> <b>2:15pm Valentine Movie - MPR</b>	<b>14</b> 9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W <b>10:30am Church Service - MPR</b> 2:15pm Residents Choice (TV) - V 4W <b>2:30pm Valentine's Day Tea Social - MPR</b>	<b>15</b> 9:30am Walk And Roll Club - V 4W 10:00am Baking Social Club (4E/4W) - AR4E 11:00am Reminiscing - Trip Down Memory Lane (4E/4W) - AR4E <b>2:30pm Live Entertainment - Harmony Duet - MPR</b>	<b>16</b> 10:30am Residents Choice (TV) - V 4W 10:30am Montessori Table Top Activities - AR4W <b>2:30pm Jewish Service - MPR</b>	<b>17</b> <b>10:30am Church Service - MPR</b> 2:30pm Spiritual Songs
<b>18</b>	<b>19</b> <b>FAMILY DAY Games Day</b> <b>Join us in Activity Rooms throughout the day for fun interactive games (detailed schedule posted on each home area)</b> 9:30am Walk And Roll Club - V 4W 10:30am Music Appreciation - V 4W 2:30pm Residents Choice (TV) - V 4W	<b>20</b> <b>10:30am Seated Ballroom - MPR</b> <b>10:30am Spiritual Studies in Chapel</b> 2:30pm Sensory Therapy - AR4W 2:30pm Tranquil Nature - V 4W 3:45pm One To Ones - V 4W	<b>21</b> 9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W <b>10:30am Church Service - MPR</b> 2:15pm Residents Choice (TV) - V 4W <b>2:30pm Community Bingo Club - MPR</b>	<b>22</b> 9:30am Walk And Roll Club - V 4W 10:30am Creative Artists Group - AR4W <b>2:30pm Bowling Club - MPR</b>	<b>23</b> 10:30am Music Appreciation - V 4W 10:30am Montessori Table Top Activities - AR4W <b>2:30pm Jewish Service - MPR</b>	<b>24</b> <b>10:30am Church Service - MPR</b>
<b>25</b>	<b>26</b> 9:30am Walk And Roll Club - V 4W <b>10:30am Yoga with Nancy - MPR</b> 2:30pm Comedy Club - V 4W <b>2:30pm Residents' Council - MPR</b>	<b>27</b> 10:30am Cool Rhythms Percussion Band - V 4W <b>10:30am Spiritual Studies - MPR</b> 2:30pm Sensory Therapy - AR4W 3:45pm One To Ones - V 4W	<b>28</b> 9:30am Walk And Roll Club - V 4W 10:15am Window on the World - V 4W <b>10:30am Church Service - MPR</b> <b>2:15pm Movie - MPR</b> 2:15pm Residents Choice (TV) - V 4W	<b>29</b> 9:30am Walk And Roll Club - V 4W 10:00am Sweet Scents Baking Club (4W/4E) - AR4W 11:00am Cool Drinks Social Club (4W/4E) - V 4W 2:30pm Creative Artists Group - AR4W		

AR4E - Activity Room 4E

AR4W - Activity Room 4W

MPR - Multi-Purpose Room

TV4W - TV Room 4W

V 4W - Varied 4W

Programs subject to change.

