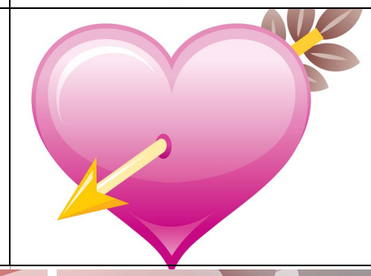
February 2024

4 East Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:45am Walking Club - V 4E 10:00am Unit Decorating - V 4E 10:30am Window on the World - Relaxing & Peaceful Music - V 4E **2:30pm Live Entertainment - Zachary Erickson - MPR**	**2** 9:45am Walking Club - V 4E 10:30am Creative Artists Group - AR4E 10:30am Hymn Singing - V 4E 11:45am One to One Visits - V 4E **2:30pm Jewish Service - MPR**	**3** **10:30am Church Service - MPR** 2:30pm Spiritual Songs
4	**5** 9:45am Walking Club - V 4E 10:00am Music Appreciation - V 4E **10:30am Adapted Dance with Riki - MPR** 2:00pm Tranquil Nature - AR4E 3:00pm Snoezelen Experience - V 4E	**6** 9:45am Walking Club - V 4E 10:30am Songs & Stories by the Campfire - Celebrating Black History Month (4W/4E) - TV4W **10:30am Spiritual Studies - MPR** 11:45am One to One Visits - V 4E 2:30pm Creative Artists Group - AR4E	**7** 9:45am Walking Club - V 4E 10:15am Residents Choice (TV) - V 4E **10:30am Church Service - MPR** 2:00pm Movie - V 4E **2:15pm Movie - MPR**	**8** 9:45am Walking Club - V 4E **10:30am Community Artists Club - Valentine Theme - MPR** 10:30am Window on the World - Relaxing & Peaceful Music - V 4E 11:00am Reminiscing - Trip Down Memory Lane - AR4E 2:00pm Music Appreciation - V 4E	**9** 9:45am Walking Club - V 4E 10:30am Bingo Club - AR4E 10:30am Hymn Singing - V 4E 11:45am One to One Visits - V 4E **2:30pm Jewish Service - MPR**	**10** **10:30am Church Service - MPR** 2:30pm Spiritual Songs
11	**12** 9:45am Walking Club - V 4E 10:00am Music Appreciation - V 4E **10:30am Yoga with Nancy - MPR** 2:00pm Calming Sensory Relaxation - V 4E 2:30pm One to One Visits - V 4E 3:00pm Snoezelen Experience - V 4E	**13** 9:45am Walking Club - V 4E 10:30am Bingo Club - AR4E **10:30am Spiritual Studies - MPR** 11:45am One to One Visits - V 4E 2:00pm Movie - V 4E **2:15pm Valentine Movie - MPR**	**14** 9:45am Walking Club - V 4E 10:15am Residents Choice (TV) - V 4E **10:30am Church Service - MPR** 2:00pm Music And Movement - V 4E **2:30pm Valentine's Day Tea Social - MPR**	**15** 9:45am Walking Club - V 4E 10:00am Baking Social Club (4E/4W) - AR4E 10:30am Window on the World - Relaxing & Peaceful Music - V 4E 11:00am Reminiscing - Trip Down Memory Lane (4E/4W) - AR4E **2:30pm Live Entertainment - Harmony Duet - MPR**	**16** 9:45am Walking Club - V 4E 10:30am Bingo Club - AR4E 10:30am Hymn Singing - V 4E 11:45am One to One Visits - V 4E **2:30pm Jewish Service - MPR**	**17** **10:30am Church Service - MPR** 2:30pm Spiritual Songs
18	**19** **FAMILY DAY Games Day Join us in Activity Rooms throughout the day for fun Interactive games (detailed schedule posted on each home area)** 9:45am Walking Club - V 4E 10:30am Music Appreciation - V 4E 2:00pm Music And Movement - V 4E 2:30pm One to One Visits - V 4E 3:00pm Snoezelen Experience - V 4E	**20** 9:45am Walking Club - V 4E 10:30am Bingo Club - AR4E **10:30am Seated Ballroom - MPR** **10:30am Spiritual Studies in Chapel** 11:45am One to One Visits - V 4E 2:30pm Music Care (Cool Rhythms Percussion Ban) - AR4E	**21** 9:45am Walking Club - V 4E 10:15am Residents Choice (TV) - V 4E **10:30am Church Service - MPR** 2:00pm Movie - V 4E **2:30pm Community Bingo Club - MPR**	**22** 9:45am Walking Club - V 4E 10:30am 4 Express (Sports Games) - AR4E 10:30am Window on the World - Relaxing & Peaceful Music - V 4E 2:00pm Armchair Travel - V 4E **2:30pm Bowling Club - MPR**	**23** 9:45am Walking Club - V 4E 10:30am Bingo Club - AR4E 10:30am Hymn Singing - V 4E 11:45am One to One Visits - V 4E **2:30pm Jewish Service - MPR**	**24** 9:45am Walking Club - V 4E **10:30am Church Service - MPR** 2:00pm One to One Visits - V 4E 2:30pm Spiritual Songs - V 4E
25 9:45am Walking Club - V 4E 10:00am Music Appreciation - V 4E 10:30am Praise & Worship Songs - V 4E 11:30am One to One Visits - V 4E 2:00pm Movie - V 4E	**26** 9:45am Walking Club - V 4E 10:00am Music Appreciation - V 4E **10:30am Yoga with Nancy - MPR** **2:30pm Residents' Council - MPR** 3:00pm Snoezelen Experience - V 4E	**27** 9:45am Walking Club - V 4E 10:30am Bingo Club - AR4E **10:30am Spiritual Studies - MPR** 11:45am One to One Visits - V 4E 2:30pm Baby Care Corner - AR4E	**28** 9:45am Walking Club - V 4E 10:15am Residents Choice (TV) - V 4E **10:30am Church Service - MPR** 2:00pm Movie - V 4E **2:15pm Movie - MPR**	**29** 9:45am Walking Club - V 4E 10:00am Sweet Scents Baking Club (4W/4E) - AR4W 10:30am Window on the World - Relaxing & Peaceful Music - V 4E 11:00am Cool Drinks Social Club (4W/4E) - V 4W 2:30pm Resident Sing-Along - AR4E		

AR4E - Activity Room 4E AR4W - Activity Room 4W MPR - Multi-Purpose Room TV4W - TV Room 4W V 4E - Varied 4E

V 4W - Varied 4W

Programs subject to change.