

January 2024



4 East Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 New Year's Day 9:45am Walking Club - V 4E 10:30am Music Appreciation - V 4E 2:30pm One to One Visits - V 4E 3:00pm Snoezelen Experience - V 4E	2 9:45am Walking Club - V 4E 10:00am Comedy Time - V 4E 10:30am Adapted Dance with Riki - MPR 11:45am One to One Visits - V 4E 2:00pm Tranquil Nature - AR4E	3 9:45am Walking Club - V 4E 10:15am Residents Choice (TV) - V 4E 10:30am Church Service with Chaplain Jake - MPR 2:15pm Movie - MPR 3:00pm Movie - V 4E	4 9:45am Walking Club - V 4E 10:00am Music And Movement - Ballroom Dance Music - V 4E 10:30am Window on the World - Relaxing & Peaceful Music - V 4E 11:00am Cool Drinks Social Club - V 2:30pm Resident Sing-Along - AR4E	5 9:45am Walking Club - V 4E 10:30am Bingo Club - AR4E 11:45am One to One Visits - V 4E 2:00pm Hymn Singing - V 4E 2:30pm Jewish Service - MPR	6 10:30am Church Service - MPR 2:30pm Spiritual Songs
	7	8 9:45am Walking Club - V 4E 10:30am Montessori Group - AR4E 10:30am Seated Ballroom - MPR 2:30pm One to One Visits - V 4E 3:00pm Snoezelen Experience - V 4E	9 9:45am Walking Club - V 4E 10:00am Exploring The Internet - AR4E 10:30am Bingo Club - AR4E 11:45am One to One Visits - V 4E 2:00pm Tranquil Nature - AR4E	10 9:45am Walking Club - V 4E 10:15am Residents Choice (TV) - V 4E 10:30am Church Service - MPR 2:15pm Movie - MPR 3:00pm Movie - V 4E	11 9:45am Walking Club - V 4E 10:30am Community Hot Chocolate Social - MPR 10:30am Window on the World - Relaxing & Peaceful Music - V 4E 11:00am Cool Drinks Social Club - V 2:30pm Resident Sing-Along - AR4E	12 9:45am Walking Club - V 4E 10:30am Bingo Club - AR4E 11:45am One to One Visits - V 4E 2:00pm Hymn Singing - V 4E 2:30pm Jewish Service - MPR
14 9:45am Walking Club - V 4E 10:00am Hymn Singing - Praise and Worship Songs - V 4E 10:30am Catholic Service - Virtual (T.V YouTube) - MPR 2:00pm Movie - Spiritual Movie - V 4E	15 9:45am Walking Club - V 4E 10:30am Montessori Group - AR4E 10:30am Yoga with Nancy - MPR 2:30pm One to One Visits - V 4E 2:30pm Residents' Council - MPR 3:00pm Snoezelen Experience - V 4E	16 9:45am Walking Club - V 4E 10:00am Exploring The Internet - AR4E 10:30am Bingo Club - AR4E 11:45am One to One Visits - V 4E 2:00pm Tranquil Nature - AR4E	17 9:45am Walking Club - V 4E 10:15am Residents Choice (TV) - V 4E 10:30am Church Service - MPR 2:15pm Movie - MPR 3:00pm Movie - V 4E	18 9:45am Walking Club - V 4E 10:30am Community Club - Better Batter Bakers - MPR 10:30am Window on the World - Relaxing & Peaceful Music - V 4E 11:00am Cool Drinks Social Club - V 2:30pm Entertainment - Jay Franco - MPR	19 9:45am Walking Club - V 4E 10:30am Bingo Club - AR4E 11:45am One to One Visits - V 4E 2:00pm Hymn Singing - V 4E 2:30pm Jewish Service - MPR	20 10:30am Church Service - MPR 2:30pm Spiritual Songs
21	22 9:45am Walking Club - V 4E 10:30am Montessori Group - AR4E 10:30am Seated Ballroom - MPR 2:30pm One to One Visits - V 4E 3:00pm Snoezelen Experience - V 4E	23 9:45am Walking Club - V 4E 10:00am Exploring The Internet - AR4E 10:30am Bingo Club - AR4E 11:45am One to One Visits - V 4E 2:00pm Tranquil Nature - AR4E	24 9:45am Walking Club - V 4E 10:15am Residents Choice (TV) - V 4E 10:30am Church Service - MPR 2:30pm Memorial Service - MPR 3:00pm Movie - V 4E	25 9:45am Walking Club - V 4E 10:30am Table Top Activities - AR4E 10:30am Window on the World - Relaxing & Peaceful Music - V 4E 11:00am Cool Drinks Social Club - V 2:30pm Community Melodies - MPR	26 9:45am Walking Club - V 4E 10:30am Bingo Club - AR4E 11:45am One to One Visits - V 4E 2:00pm Hymn Singing - V 4E 2:30pm Jewish Service - MPR	27 10:30am Church Service - MPR
28	29 9:45am Walking Club - V 4E 10:30am Montessori Group - AR4E 10:30am Yoga with Nancy - MPR 2:30pm One to One Visits - V 4E 3:00pm Snoezelen Experience - V 4E	30 9:45am Walking Club - V 4E 10:00am Exploring The Internet - AR4E 10:30am Bingo Club - AR4E 11:45am One to One Visits - V 4E 2:00pm Tranquil Nature - AR4E	31 9:45am Walking Club - V 4E 10:15am Residents Choice (TV) - V 4E 10:30am Church Service - MPR 2:15pm Movie - MPR 3:00pm Movie - V 4E			

AR4E - Activity Room 4E

MPR - Multi-Purpose Room

V - Varied

V 4E - Varied 4E

Programs subject to change.