

January 2024



3 West Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 New Year's Day 10:30am Sing-a-long - TV3W 2:30pm New Years Day Party - AR3W	2 9:30am One to One Visits - RR3W 10:30am Adapted Dance with Riki - MPR 1:30pm Walking Club - V 3W 2:30pm Book Club - AR3W	3 9:30am One to One Visits - RR3W 10:30am Church Service with Chaplain Jake - MPR 2:15pm Movie - MPR	4 10:00am Baking - AR3W 2:30pm Coffee/Tea Social - AR3W	5 9:30am Walking Club - V 3W 10:30am Sing-a-long - TV3W 1:30pm One to One Visits - RR3W 2:30pm Jewish Service - MPR	6 10:30am Church Service - MPR 2:30pm Spiritual Songs
	7	8 9:30am One to One Visits - RR3W 10:30am Seated Ballroom - MPR 1:30pm Manicures - AR3W 2:30pm Board Games - AR3W	9 9:30am Walking Club - V 3W 10:30am Sing-a-long - TV3W 1:30pm One to One Visits - RR3W 2:30pm Current Events - AR3W	10 9:30am One to One Visits - RR3W 10:30am Church Service - MPR 2:15pm Movie - MPR	11 10:30am Community Hot Chocolate Social - MPR 2:30pm Bingo Social - AR3W	12 9:30am Walking Club - V 3W 10:30am Sing-a-long - TV3W 1:30pm One to One Visits - RR3W 2:30pm Jewish Service - MPR
14	15 9:30am One to One Visits - RR3W 10:30am Yoga with Nancy - MPR 2:30pm Residents' Council - MPR 2:30pm Trivia - TV3W	16 9:30am One to One Visits - RR3W 10:30am Music Appreciation - AR3W 1:30pm Walking Club - V 3W 2:30pm Book Club - AR3W	17 9:30am One to One Visits - RR3W 10:30am Church Service - MPR 2:15pm Movie - MPR	18 10:30am Community Club - Better Batter Bakers - MPR 2:30pm Entertainment - Jay Franco - MPR	19 9:30am Walking Club - V 3W 10:30am Sing-a-long - TV3W 1:30pm One to One Visits - RR3W 2:30pm Jewish Service - MPR	20 10:30am Church Service - MPR 2:30pm Spiritual Songs
21	22 9:30am One to One Visits - RR3W 10:30am Seated Ballroom - MPR 2:30pm Cross Words/Word Search - AR3W	23 9:30am Walking Club - V 3W 10:30am Sing-a-long - TV3W 1:30pm One to One Visits - RR3W 2:30pm Current Events - AR3W	24 9:30am One to One Visits - RR3W 10:30am Church Service - MPR 2:30pm Memorial Service - MPR	25 10:00am Baking - AR3W 2:30pm Community Melodies - MPR	26 9:30am Walking Club - V 3W 10:30am Sing-a-long - TV3W 1:30pm One to One Visits - RR3W 2:30pm Jewish Service - MPR	27 10:30am Church Service - MPR
28	29 9:30am One to One Visits - RR3W 10:30am Yoga with Nancy - MPR 1:30pm Manicures - AR3W 2:30pm Puzzles - AR3W	30 9:30am One to One Visits - RR3W 10:30am Music Appreciation - AR3W 1:30pm Walking Club - V 3W 2:30pm Book Club - AR3W	31 9:30am One to One Visits - RR3W 10:30am Church Service - MPR 2:15pm Movie - MPR			

AR3W - Activity Room 3W

MPR - Multi-Purpose Room

RR3W - Resident Rooms 3W

TV3W - TV Room 3W

V 3W - Varied 3W

Programs subject to change.