


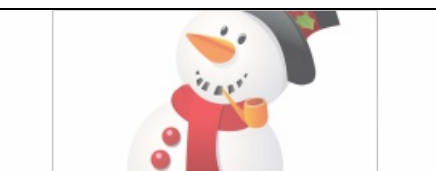


January 2024



3 East Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 New Year's Day 10:30am Comedy Hour - V 3E 2:30pm Nature appreciation. - TV3E	2 10:30am Adapted Dance with Riki - MPR 10:30am Walk And Sing - V 3E 10:30am armchair travel - V 3E 2:30pm Nature appreciation. - TV3E	3 10:30am Church Service with Chaplain Jake - MPR 2:15pm Movie - MPR	4 10:30am Current Events - TV3E 2:30pm music appreciation - V 3E 3:00pm cook show - V 3E	5 10:30am arts & crafts appreciation. - V 3E 2:30pm Jewish Service - MPR	6 10:30am Church Service - MPR 2:30pm Spiritual Songs
7	8 10:30am Seated Ballroom - MPR 2:30pm music appreciation - V 3E	9 10:30am Walk And Sing - V 3E 10:30am armchair travel - V 3E 2:30pm Nature appreciation. - TV3E	10 10:30am Church Service - MPR 2:15pm Movie - MPR	11 10:30am Community Hot Chocolate Social - MPR 2:30pm 1:1 - V 3E	12 10:30am arts & crafts appreciation. - V 3E 2:30pm Jewish Service - MPR	13 10:30am Church Service - MPR 2:30pm Spiritual Songs
14	15 10:30am Yoga with Nancy - MPR 2:30pm Residents' Council - MPR	16 10:30am Walk And Sing - V 3E 10:30am armchair travel - V 3E 2:30pm Nature appreciation. - TV3E	17 10:30am Church Service - MPR 2:15pm Movie - MPR	18 10:30am Community Club - Better Batter Bakers - MPR 2:30pm Entertainment - Jay Franco - MPR	19 10:30am arts & crafts appreciation. - V 3E 2:30pm Jewish Service - MPR	20 10:30am Church Service - MPR 2:30pm Spiritual Songs
21	22 10:30am Seated Ballroom - MPR 2:30pm animal show - TV3E	23 10:30am Walk And Sing - V 3E 10:30am armchair travel - V 3E 2:30pm Nature appreciation. - TV3E	24 10:30am Church Service - MPR 2:30pm Memorial Service - MPR	25 2:30pm Community Melodies - MPR	26 10:30am arts & crafts appreciation. - V 3E 2:30pm Jewish Service - MPR 2:30pm cook show - V 3E	27 10:30am Church Service - MPR
28	29 10:30am Yoga with Nancy - MPR 2:30pm cook show - V 3E	30 10:30am Walk And Sing - V 3E 10:30am armchair travel - V 3E 2:30pm Nature appreciation. - TV3E	31 10:30am Church Service - MPR 2:15pm Movie - MPR			

MPR - Multi-Purpose Room

TV3E - TV Room 3E

V 3E - Varied 3E

Programs subject to change.