January 2024



2 East Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	1	2	3	4	5	6	
EAG	New Year's Day	10:30am Adapted Dance with Riki - MPR 10:30am Bingo - AR2E	10:30am Church Service with Chaplain Jake - MPR 2:15pm Movie - MPR	10:30am Valleyview News - TV2E 2:30pm Music Trivia - TV2E		10:30am Church Service - MPR 2:30pm Spiritual Songs	
7	8	9	10	11	12	13	
10:30am Music Appreciation - TV2E 2:30pm Hymn Singing - V 2E	10:30am Seated Ballroom - MPR	10:30am Bingo - AR2E	10:30am Church Service - MPR 2:15pm Movie - MPR	Chocolate Social - MPR		10:30am Church Service - MPR 2:30pm Spiritual Songs	
1.4	15	16	17	2:30pm Friendly Visits - V 2E	19	20	
10:30am Video Entertainment and Discussion - TV2E 2:30pm Hymn Singing - V 2E	_	10:30am Bingo - AR2E	10:30am Church Service - MPR 2:15pm Movie - MPR	10:30am Community Club -	10:30am current events - TV2E	10:30am Church Service - MPR 2:30pm Spiritual Songs	
21	22	23	24	25	26	27	
10:30am Video Concert - TV2E 2:30pm Hymn Singing - V 2E	10:30am Seated Ballroom - MPR	10:30am Bingo - AR2E	10:30am Church Service - MPR 2:30pm Memorial Service - MPR		10:30am Music Trivia - TV2E 2:30pm Jewish Service - MPR	10:30am Church Service - MPR	
28	29	30	31				
10:30am Music Appreciation - TV2E 2:30pm Hymn Singing - V 2E	10:30am Yoga with Nancy - MPR	10:30am Bingo - AR2E	10:30am Church Service - MPR 2:15pm Movie - MPR				

AR2E - Activity Room 2E

MPR - Multi-Purpose Room

TV2E - TV Room 2E

V 2E - Varied 2E

Programs subject to change.