

December 2023

4 East Programs Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 9:45am Walking Club - V 4E 10:30am Seasonal Concert (T.V) - V 4E 11:45am One to One Visits - V 4E 2:00pm Hymn Singing - V 4E 2:30pm Jewish Service - MPR	2 9:15am Walking Club - V 4E 10:30am Church Service - MPR 2:00pm Hymn Singing - V 4E 2:00pm Spiritual Songs
3 9:15am Walking Club - V 4E 10:00am Seasonal Concert (T.V) - V 4E 10:30am Unit Decorating For Christmas - V 4E 2:00pm Seasonal Movie (T.V) - V 4E	4 9:45am Walking Club - V 4E 10:30am Adapted Dance with Riki - MPR 2:00pm Seasonal Concert (T.V) - V 4E 2:30pm One to One Visits - V 4E 3:00pm Snoezelen Experience - V 4E	5 9:45am Walking Club - V 4E 10:30am Seasonal Concert (T.V) - V 4E 11:45am One to One Visits - V 4E 2:00pm Comedy Time - V 4E	6 9:45am Walking Club - V 4E 10:15am Residents Choice (TV) - V 4E 10:30am Church Service - MPR 2:15pm Holiday Movie - MPR 3:00pm Movie - V 4E	7 Hannukah 9:45am Walking Club - V 4E 10:25am Table Top Activities - AR4E 10:30am Window on the World - Relaxing & Peaceful Music - V 4E 2:30pm Live Entertainment - David Wildsmith - MPR 4:30pm Menorah Lighting	8 Hannukah 9:45am Walking Club - V 4E 10:30am Seasonal Concert (T.V) - V 4E 11:45am One to One Visits - V 4E 2:00pm Hymn Singing - V 4E 2:30pm Jewish Service - MPR 4:30pm Menorah Lighting	9 Hannukah 10:30am Church Service - MPR 2:30pm Spiritual Songs 4:30pm Menorah Lighting
10 Hannukah 2:30pm Music Appreciation - V 4E 4:30pm Menorah Lighting	11 Hannukah 9:45am Walking Club - V 4E 10:00am Seasonal Concert (T.V) - V 4E 10:30am Yoga with Nancy - MPR 2:30pm One to One Visits - V 4E 3:00pm Snoezelen Experience - V 4E 4:30pm Menorah Lighting	12 Hannukah 9:45am Walking Club - V 4E 10:30am Armchair Travel - V 4E 11:45am One to One Visits - V 4E 2:00pm Seasonal Concert (T.V) - V 4E 2:15pm Movie - MPR 4:30pm Menorah Lighting	13 Hannukah 9:45am Walking Club - V 4E 10:15am Residents Choice (TV) - V 4E 10:30am Virtual Church Service (YouTube) - AR4E 11:30am One to One Visits - V 4E 3:00pm Movie - V 4E 4:30pm Menorah Lighting	14 Hannukah 9:45am Walking Club - V 4E 10:30am Church Service - MPR 10:30am Window on the World - Relaxing & Peaceful Music - V 4E 11:00am Cool Drinks Social Club - V 2:30pm Live Entertainment - Country Kenny - MPR 4:30pm Menorah Lighting	15 Hannukah 9:45am Walking Club - V 4E 10:30am Bingo Club - AR4E 11:45am One to One Visits - V 4E 2:00pm Hymn Singing - V 4E 2:30pm Jewish Service - MPR 4:30pm Menorah Lighting	16 10:30am Church Service - MPR 2:30pm Spiritual Songs
17 2:30pm Music Appreciation - V 4E	18 9:45am Walking Club - V 4E 10:30am Seated Ballroom - MPR 2:00pm Resident Sing-Along - Christmas Carol - AR4E 2:30pm Residents' Council - MPR 3:00pm Snoezelen Experience - V 4E	19 9:45am Walking Club - V 4E 10:30am Bingo Club - AR4E 11:45am One to One Visits - V 4E 2:00pm Seasonal Concert (T.V) - V 4E 2:30pm Community Melodies - Holiday Tunes - MPR	20 9:45am Walking Club - V 4E 10:15am Residents Choice (TV) - V 4E 10:30am Virtual Church Service (YouTube) - V 4E 2:00pm Holiday Movie 2:15pm Festive Movie - V 4E 3:00pm Movie - V 4E	21 9:45am Walking Club - V 4E 10:30am Church Service - MPR 10:30am Window on the World - Relaxing & Peaceful Music - V 4E 11:00am Cool Drinks Social Club - V 2:30pm Live Entertainment - Harmony Duet - MPR	22 9:45am Walking Club - V 4E 10:30am Baking Social Club - AR4E 11:00am Reminiscing - Trip Down Memory Lane - AR4E 2:00pm Hymn Singing - V 4E 2:30pm Jewish Service - MPR	23 10:30am Church Service - MPR 2:30pm Spiritual Songs
24 2:30pm Music Appreciation - V 4E	25 Christmas Day 9:45am Walking Club - V 4E 10:30am Coffee & Tea Social Club - AR4E 11:00am Reminiscing - Trip Down Memory Lane - AR4E 2:00pm Resident Sing-Along - Christmas Carol - AR4E 2:30pm One to One Visits - V 4E 3:00pm Snoezelen Experience - V 4E	26 Boxing Day 9:45am Walking Club - V 4E 10:30am Bingo Club - AR4E 11:45am One to One Visits - V 4E 2:00pm Resident Sing-Along - AR4E	27 9:45am Walking Club - V 4E 10:15am Residents Choice (TV) - V 4E 10:30am Church Service - MPR 2:15pm Holiday Movie - MPR 3:00pm Movie - V 4E	28 9:45am Walking Club - V 4E 10:25am 4 Express (Sports Games) - AR4E 10:30am Window on the World - Relaxing & Peaceful Music - V 4E 11:00am Cool Drinks Social Club - V 3:00pm Music Appreciation - V 4E	29 9:45am Walking Club - V 4E 10:30am Holiday Celebrate - AR4E 11:45am One to One Visits - V 4E 2:00pm Hymn Singing - V 4E 2:30pm Jewish Service - MPR	30 10:30am Church Service - MPR 2:30pm Spiritual Songs
31 2:30pm New Year's Eve Concert with Mikhail Khinkis and Friends - MPR 2:30pm Music Appreciation - V 4E						

AR4E - Activity Room 4E

MPR - Multi-Purpose Room

V - Varied

V 4E - Varied 4E

Programs subject to change.