

November 2023



3 West Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:30am Church Service - MPR 2:30pm Movie - MPR	2 10:30am Residents Choice (TV) - TV3W	3 10:30am Bingo - AR3W 2:30pm Jewish Service - MPR	4 10:30am Church Service - MPR 3:00pm Spiritual Songs
5 2:30pm Reminiscing - Trip Down Memory Lane	6 2:30pm Music Appreciation - TV3W	7 10:30am Board Games - AR3W 2:00pm Unit Decorating - V 3W	8 10:30am Church Service - MPR 2:30pm Movie - MPR	9 10:30am Residents Choice (TV) - TV3W 2:30pm Live Entertainment - Kenny J - MPR	10 10:30am Bingo - AR3W 2:30pm Jewish Service - MPR	11 Remembrance Day 10:30am Church Service - MPR 3:00pm Spiritual Songs
12 2:30pm Reminiscing - Trip Down Memory Lane	13 10:30am 1:1 - V 3W 10:30am Adapted Dance with Reki - MPR 2:30pm Music Appreciation - TV3W	14 10:30am Board Games - AR3W 2:30pm 1:1 - V 3W	15 10:30am Church Service - MPR 2:30pm Movie - MPR	16 2:30pm Residents Choice (TV) - TV3W	17 10:30am Bingo - AR3W 2:30pm Jewish Service - MPR	18 10:30am Church Service - MPR 3:00pm Spiritual Songs
19 10:30am Catholic Service - MPR 2:30pm Reminiscing - Trip Down Memory Lane	20 10:30am Seated Ballroom - MPR 2:30pm Music Appreciation - TV3W 2:30pm Residents' Council - MPR	21 10:30am Board Games - AR3W 2:30pm 1:1 - V 3W	22 10:30am Church Service - MPR 2:30pm Movie - MPR	23 2:30pm Entertainment Hands on Exotic Pets - MPR 2:30pm Residents Choice (TV) - TV3W	24 10:30am Bingo - AR3W 2:30pm Jewish Service - MPR	25 10:30am Church Service - MPR 3:00pm Spiritual Songs
26 10:30am Catholic Service - MPR 2:30pm Reminiscing - Trip Down Memory Lane	27 10:30am Yoga with Nancy - MPR 2:30pm Friendly Visits - V 3W 2:30pm Music Appreciation - TV3W	28 10:30am Board Games - AR3W 2:30pm 1:1 - V 3W	29 10:30am Church Service - MPR 2:30pm Movie - MPR	30 10:30am Residents Choice (TV) - TV3W		

AR3W - Activity Room 3W

MPR - Multi-Purpose Room

TV3W - TV Room 3W

V 3W - Varied 3W

Programs subject to change.

