

November 2023



2 East Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:30am Church Service - MPR 2:30pm Movie - MPR	2 10:30am Friendly Visits - V 2E	3 10:30am Friendly Visits - V 2E 2:30pm Jewish Service - MPR	4 10:30am Church Service - MPR 3:00pm Spiritual Songs
5	6	7 10:30am Armchair Travel - TV2E 10:30am Bingo - AR2E 8:00pm Residents Choice (TV) - TV2E	8 10:30am Church Service - MPR 2:30pm Movie - MPR	9 10:30am Friendly Visits - V 2E 2:30pm Live Entertainment - Kenny J - MPR	10 10:30am Friendly Visits - V 2E 2:30pm Jewish Service - MPR	11 Remembrance Day 10:30am Church Service - MPR 3:00pm Spiritual Songs
12	13 10:30am Adapted Dance with Reki - MPR 10:30am Friendly Visits - V 2E	14 10:30am Armchair Travel - TV2E 10:30am Bingo - AR2E 8:00pm Residents Choice (TV) - TV2E	15 10:30am Church Service - MPR 2:30pm Movie - MPR	16 10:30am Friendly Visits - V 2E	17 10:30am Friendly Visits - V 2E 2:30pm Jewish Service - MPR	18 10:30am Church Service - MPR 3:00pm Spiritual Songs
19 10:30am Catholic Service - MPR	20 10:30am Seated Ballroom - MPR 2:00pm Residents Choice (TV) - Concerts & Shows - TV2E 2:30pm Residents' Council - MPR	21 10:30am Armchair Travel - TV2E 10:30am Bingo - AR2E 8:00pm Residents Choice (TV) - TV2E	22 10:30am Church Service - MPR 2:30pm Movie - MPR	23 10:30am Music Trivia - TV2E 2:30pm Entertainment Hands on Exotic Pets - MPR	24 10:30am Jolly Good Interest Club - TV2E 2:30pm Jewish Service - MPR	25 10:30am Church Service - MPR 3:00pm Spiritual Songs
26 10:30am Catholic Service - MPR	27 10:30am Yoga with Nancy - MPR 2:30pm Friendly Visits - V 2E	28 10:30am Armchair Travel - TV2E 10:30am Bingo - AR2E 8:00pm Residents Choice (TV) - TV2E	29 10:30am Church Service - MPR 2:30pm Movie - MPR	30		

AR2E - Activity Room 2E

MPR - Multi-Purpose Room

TV2E - TV Room 2E

V 2E - Varied 2E

Programs subject to change.

