



October 2023



3 West Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Sukkot 2:30pm Reminiscing - Trip Down Memory Lane	2 Sukkot 10:30am Courtyard Club - C 2:30pm Music Appreciation - TV3W	3 Sukkot 10:30am Community Artists Club - MPR 2:30pm Bingo - AR3W	4 Sukkot 10:30am Church Service - MPR 2:00pm Movie - MPR	5 Sukkot 10:30am Hymn Singing - TV3W 2:30pm Friendly Visits - V 3W	6 Sukkot 2:30pm Jewish Service - MPR	7 10:30am Church Service - MPR 3:00pm Spiritual Songs
8 2:30pm Reminiscing - Trip Down Memory Lane	9 10:30am Reminiscing - Trip Down Memory Lane - TV3W 2:30pm Music Appreciation - TV3W	10 10:30am Residents Choice (TV) - TV3W 2:30pm Movie - TV3W	11 10:30am Church Service - MPR 2:00pm Movie - MPR	12 10:30am Bingo - AR3W 2:30pm Entertainment - The Westenders - MPR	13 2:30pm Jewish Service - MPR	14 10:30am Church Service - MPR 3:00pm Spiritual Songs
15 10:30am Catholic Service - MPR 2:30pm Reminiscing - Trip Down Memory Lane	16 10:30am Yoga with Nancy - MPR 2:30pm Movie - TV3W	17 10:30am Board Games - AR3W 2:30pm 1:1 - V 3W	18 10:30am Church Service - MPR 2:00pm Movie - MPR	19 10:30am Residents Choice (TV) - TV3W 2:30pm Friendly Visits - V 3W	20 2:30pm Jewish Service - MPR	21 10:30am Church Service - MPR 3:00pm Spiritual Songs
22 10:30am Catholic Service - MPR 2:30pm Reminiscing - Trip Down Memory Lane	23 10:30am Seated Ballroom - MPR 2:30pm Residents' Council - MPR	24 10:30am Residents Choice (TV) - TV3W 2:30pm Music Appreciation - TV3W	25 10:30am Church Service - MPR 2:00pm Movie - MPR	26 10:30am Bingo - AR3W 2:30pm Entertainment - MPR	27 2:30pm Jewish Service - MPR	28 10:30am Church Service - MPR 3:00pm Spiritual Songs
29 10:30am Catholic Service - MPR 2:30pm Reminiscing - Trip Down Memory Lane	30 10:30am Yoga with Nancy - MPR 2:30pm 1:1 - V 3W	31 10:30am Reminiscing - Trip Down Memory Lane - TV3W 2:30pm Spiritual Songs - AR3W				

AR3W - Activity Room 3W

C - Courtyard

MPR - Multi-Purpose Room

TV3W - TV Room 3W

V 3W - Varied 3W

Programs subject to change.

