October 2023

3 East Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **Sukkot** **2:30pm Reminiscing - Trip Down Memory Lane**	**2** **Sukkot** 10:30am Comedy Hour - V 3E **10:30am Courtyard Club - C** 2:30pm music appreciation - V 3E	**3** **Sukkot** **10:30am Community Artists Club - MPR** 10:30am Walk And Sing - V 3E 10:30am armchair travel - V 3E 2:30pm cook show - V 3E	**4** **Sukkot** **10:30am Church Service - MPR** 10:30am Nature appreciation. - TV3E **2:00pm Movie - MPR**	**5** **Sukkot** 10:30am Current Events - V 3E 2:30pm Nature appreciation. - TV3E	**6** **Sukkot** 10:30am arts & crafts appreciation. - V 3E **2:30pm Jewish Service - MPR**	**7** **10:30am Church Service - MPR** 3:00pm Spiritual Songs
8 **2:30pm Reminiscing - Trip Down Memory Lane**	**9** 10:30am Comedy Hour - V 3E 2:30pm music appreciation - V 3E	**10** 10:30am Walk And Sing - V 3E 10:30am armchair travel - V 3E 2:30pm cook show - V 3E	**11** **10:30am Church Service - MPR** 10:30am Nature appreciation. - TV3E **2:00pm Movie - MPR**	**12** 10:30am Current Events - V 3E **2:30pm Entertainment - The Westenders - MPR** 2:30pm Nature appreciation. - TV3E	**13** 10:30am Walk And Sing - V 3E **2:30pm Jewish Service - MPR**	**14** **10:30am Church Service - MPR** 3:00pm Spiritual Songs
15 **10:30am Catholic Service - MPR** **2:30pm Reminiscing - Trip Down Memory Lane**	**16** 10:30am Comedy Hour - V 3E **10:30am Yoga with Nancy - MPR** 2:30pm music appreciation - V 3E	**17** 10:30am Walk And Sing - V 3E 10:30am armchair travel - V 3E 2:30pm cook show - V 3E	**18** **10:30am Church Service - MPR** 10:30am Nature appreciation. - TV3E **2:00pm Movie - MPR**	**19** 10:30am Current Events - V 3E 2:30pm Nature appreciation. - TV3E	**20** 10:30am Walk And Sing - V 3E **2:30pm Jewish Service - MPR**	**21** **10:30am Church Service - MPR** 3:00pm Spiritual Songs
22 **10:30am Catholic Service - MPR** **2:30pm Reminiscing - Trip Down Memory Lane**	**23** 10:30am Comedy Hour - V 3E **10:30am Seated Ballroom - MPR** **2:30pm Residents' Council - MPR** 2:30pm music appreciation - V 3E	**24** 10:30am Walk And Sing - V 3E 10:30am armchair travel - V 3E 2:30pm cook show - V 3E	**25** **10:30am Church Service - MPR** 10:30am Nature appreciation. - TV3E **2:00pm Movie - MPR**	**26** 10:30am Current Events - V 3E **2:30pm Entertainment - MPR** 2:30pm Nature appreciation. - TV3E	**27** 10:30am Walk And Sing - V 3E **2:30pm Jewish Service - MPR**	**28** **10:30am Church Service - MPR** 3:00pm Spiritual Songs
29 **10:30am Catholic Service - MPR** **2:30pm Reminiscing - Trip Down Memory Lane**	**30** 10:30am Comedy Hour - V 3E **10:30am Yoga with Nancy - MPR** 2:30pm music appreciation - V 3E	**31** 10:30am Walk And Sing - V 3E 10:30am armchair travel - V 3E 2:30pm cook show - V 3E				

C - Courtyard MPR - Multi-Purpose Room TV3E - TV Room 3E V 3E - Varied 3E

Programs subject to change.