






October 2023



2 East Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Sukkot 2:30pm Reminiscing - Trip Down Memory Lane	2 Sukkot 10:30am Courtyard Club - C	3 Sukkot 10:30am Community Artists Club - MPR	4 Sukkot 10:30am Church Service - MPR 2:00pm Movie - MPR	5 Sukkot 10:30am Valleyview News - TV2E 3:30pm Sukkot Update - TV2E	6 Sukkot 10:30am Music Appreciation - TV2E 2:30pm Jewish Service - MPR	7 10:30am Church Service - MPR 3:00pm Spiritual Songs
8 2:30pm Reminiscing - Trip Down Memory Lane	9 	10 10:30am Bingo - AR2E	11 10:30am Church Service - MPR 2:00pm Movie - MPR	12 10:30am Music Trivia - TV2E 2:30pm Entertainment - The Westenders - MPR	13 10:30am Friendly Visits - V 2E 2:30pm Jewish Service - MPR	14 10:30am Church Service - MPR 3:00pm Spiritual Songs
15 10:30am Catholic Service - MPR 2:30pm Reminiscing - Trip Down Memory Lane	16 10:30am Yoga with Nancy - MPR	17 10:30am Bingo - AR2E	18 10:30am Church Service - MPR 2:00pm Movie - MPR	19 10:30am Armchair Travel - TV2E 2:30pm Outdoor Time - V 2E	20 10:30am Jolly Good Interest Club - TV2E 2:30pm Jewish Service - MPR	21 10:30am Church Service - MPR 3:00pm Spiritual Songs
22 10:30am Catholic Service - MPR 2:30pm Reminiscing - Trip Down Memory Lane	23 10:30am Seated Ballroom - MPR 2:30pm Residents' Council - MPR	24 10:30am Bingo - AR2E	25 10:30am Church Service - MPR 2:00pm Movie - MPR	26 10:30am Activity Calendar Planning - TV2E 2:30pm Entertainment - MPR	27 10:30am Music Trivia - TV2E 2:30pm Jewish Service - MPR	28 10:30am Church Service - MPR 3:00pm Spiritual Songs
29 10:30am Catholic Service - MPR 2:30pm Reminiscing - Trip Down Memory Lane	30 10:30am Yoga with Nancy - MPR	31 10:30am Bingo - AR2E				

AR2E - Activity Room 2E

C - Courtyard

MPR - Multi-Purpose Room

TV2E - TV Room 2E

V 2E - Varied 2E

Programs subject to change.

