

# September 2023



## 4 West Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b> 10:15am Residents Choice (TV) - V 4W 10:15am Walk And Roll Club - V 4W <b>10:30am Courtyard Hymn Singing - C</b> <b>2:30pm Jewish Service - MPR</b>	<b>2</b> <b>10:30am Church Service - MPR</b> 3:00pm Spiritual Songs
<b>3</b> 10:30am Catholic Service - MPR <b>2:30pm Reminiscing - Trip Down Memory Lane</b>	<b>4</b> <b>Labour Day</b> <b>10:30am Courtyard Club - C</b> 10:30am Residents Choice (TV) - V 4W 2:30pm Music Appreciation - V 4W 3:00pm Unit Decorating - V 4W	<b>5</b> 10:30am Sing With Us - TV4W 2:30pm Celebration of Culture - TV4W 3:45pm One To Ones - V 4W	<b>6</b> <b>10:30am Church Service - MPR</b> 10:30am Residents Choice (TV) - V 4W <b>2:00pm Movie - MPR</b>	<b>7</b> 10:30am Creative Artists Group - AR4W <b>2:30pm Entertainment - Elvis Impersonator - MPR</b>	<b>8</b> 10:15am Residents Choice (TV) - V 4W 10:30am Bingo Buddies Club - AR4W <b>2:30pm Jewish Service - MPR</b> 3:30pm Walk And Roll Club - V 4W	<b>9</b> <b>10:30am Church Service - MPR</b> 3:00pm Spiritual Songs
<b>10</b> <b>10:30am Catholic Service - MPR</b> <b>2:30pm Reminiscing - Trip Down Memory Lane</b>	<b>11</b> 10:15am Walk And Roll Club - V 4W <b>10:30am Yoga with Nancy - MPR</b> 2:30pm Armchair Travel and Talk - TV4W 3:00pm Sensory Therapy - V 4W	<b>12</b> <b>10:30am Community Artists Club - MPR</b> 2:30pm Short Stories Club - V 4W 3:45pm One To Ones - V 4W	<b>13</b> <b>10:30am Church Service - MPR</b> 10:30am Residents Choice (TV) - V 4W <b>2:00pm Movie - MPR</b>	<b>14</b> 10:30am Willowdale Warriors (Sports Games) - V 4W 2:30pm Comedy Club - V 4W 3:30pm Sing With Us - TV4W	<b>15</b> <b>Rosh Hashanah</b> 10:15am Residents Choice (TV) - V 4W 10:30am Bingo Buddies Club - AR4W <b>2:30pm Jewish Service - MPR</b> 3:30pm Walk And Roll Club - V 4W	<b>16</b> <b>Rosh Hashanah</b> <b>10:30am Church Service - MPR</b> 3:00pm Spiritual Songs
<b>17</b> <b>Rosh Hashanah</b> <b>10:30am Catholic Service - MPR</b> <b>2:30pm Reminiscing - Trip Down Memory Lane</b>	<b>18</b> 10:15am Walk And Roll Club - V 4W <b>10:30am Seated Ballroom - MPR</b> <b>2:30pm Residents' Council - MPR</b>	<b>19</b> 10:30am Bingo Buddies Club - AR4W 2:30pm Sensory Therapy - V 4W 3:45pm One To Ones - V 4W	<b>20</b> <b>10:30am Church Service - MPR</b> 10:30am Residents Choice (TV) - V 4W <b>2:30pm Memorial Service - MPR</b>	<b>21</b> 10:30am Creative Artists Group - AR4W <b>2:30pm Entertainment - Jay Franco - MPR</b>	<b>22</b> 10:15am Residents Choice (TV) - V 4W <b>2:30pm Jewish Service - MPR</b> 3:30pm Walk And Roll Club - V 4W	<b>23</b> <b>Autumn Equinox</b> <b>10:30am Church Service - MPR</b> 3:00pm Spiritual Songs
<b>24</b> <b>Yom Kippur</b> <b>10:30am Catholic Service - MPR</b> <b>2:30pm Reminiscing - Trip Down Memory Lane</b>	<b>25</b> <b>Yom Kippur</b> 10:15am Walk And Roll Club - V 4W <b>10:30am Yoga with Nancy - MPR</b> 2:30pm Music Appreciation - V 4W	<b>26</b> 10:30am Creative Artists Group - AR4W 2:30pm Table Top Activities - AR4W 3:45pm One To Ones - V 4W	<b>27</b> <b>10:30am Church Service - MPR</b> 10:30am Residents Choice (TV) - V 4W <b>2:00pm Movie - MPR</b>	<b>28</b> 10:30am Baking Social Club (4E & 4W) - AR4E 2:30pm Sensory Therapy - V 4W 3:30pm One To Ones - V 4W	<b>29</b> <b>Sukkot</b> 10:15am Residents Choice (TV) - V 4W 10:30am Bingo Buddies Club - AR4W <b>2:30pm Jewish Service - MPR</b> 3:30pm Walk And Roll Club - V 4W	<b>30</b> <b>Sukkot</b> <b>10:30am Church Service - MPR</b> 3:00pm Spiritual Songs

AR4E - Activity Room 4E  
V 4W - Varied 4W

AR4W - Activity Room 4W

C - Courtyard

MPR - Multi-Purpose Room

TV4W - TV Room 4W

Programs subject to change.