








September 2023



3 West Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
1	2	3	4	5	6	7
10:30am Catholic Service - MPR 2:30pm Reminiscing - Trip Down Memory Lane	Labour Day 10:30am Courtyard Club - C	10:30am OA - V 3W 2:30pm Residents Choice (TV) - TV3W	10:30am Church Service - MPR 2:00pm Movie - MPR	10:30am OA - V 3W 2:30pm Entertainment - Elvis Impersonator - MPR	10:30am Courtyard Hymn Singing - C 10:30am OA - V 3W 2:30pm Jewish Service - MPR	10:30am Church Service - MPR 3:00pm Spiritual Songs
8	9	10	11	12	13	14
10:30am Catholic Service - MPR 2:30pm Reminiscing - Trip Down Memory Lane	10:30am Yoga with Nancy - MPR 2:30pm Armchair Travel - TV3W	10:30am Community Artists Club - MPR 2:30pm 1:1 - V 3W	10:30am Church Service - MPR 2:00pm Movie - MPR	10:30am Music Appreciation - TV3W 2:30pm Residents Choice (TV) - TV3W	10:30am Friday Bingo - AR3W 2:30pm Jewish Service - MPR	10:30am Church Service - MPR 3:00pm Spiritual Songs
15	16	17	18	19	20	21
Rosh Hashanah 10:30am Catholic Service - MPR 2:30pm Reminiscing - Trip Down Memory Lane	10:30am Seated Ballroom - MPR 2:30pm Residents' Council - MPR	10:30am Bingo - AR3W 2:30pm 1:1 - V 3W	10:30am Church Service - MPR 2:30pm Memorial Service - MPR	10:30am OA - V 3W 2:30pm Entertainment - Jay Franco - MPR	10:30am Friday Bingo - AR3W 2:30pm Jewish Service - MPR	Autumn Equinox 10:30am Church Service - MPR 3:00pm Spiritual Songs
22	23	24	25	26	27	28
10:30am Catholic Service - MPR 2:30pm Reminiscing - Trip Down Memory Lane	10:30am Yoga with Nancy - MPR 2:30pm Armchair Travel - TV3W	10:30am Bingo - AR3W 2:30pm 1:1 - V 3W	10:30am Church Service - MPR 2:00pm Movie - MPR	10:30am Residents Choice (TV) - TV3W 2:30pm Music Appreciation - TV3W	10:30am Friday Bingo - AR3W 2:30pm Jewish Service - MPR	10:30am Church Service - MPR 3:00pm Spiritual Songs
29	30					
Sukkot 10:30am Friday Bingo - AR3W 2:30pm Jewish Service - MPR	Sukkot 10:30am Church Service - MPR 3:00pm Spiritual Songs					

AR3W - Activity Room 3W

C - Courtyard

MPR - Multi-Purpose Room

TV3W - TV Room 3W

V 3W - Varied 3W

Programs subject to change.