

September 2023



3 East Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 10:30am Courtyard Hymn Singing - C 10:30am arts & crafts appreciation. - V 3E 2:30pm Jewish Service - MPR	2 10:30am Church Service - MPR 3:00pm Spiritual Songs
3 10:30am Catholic Service - MPR 2:30pm Reminiscing - Trip Down Memory Lane	4 Labour Day 10:30am Courtyard Club - C	5 10:30am Walk And Sing - V 3E 10:30am armchair travel - V 3E 2:30pm cook show - V 3E	6	7 10:30am Current Events - V 3E 2:30pm Entertainment - Elvis Impersonator - MPR 2:30pm Nature appreciation. - TV3E	8 10:30am arts & crafts appreciation. - V 3E 2:30pm Jewish Service - MPR	9 10:30am Church Service - MPR 3:00pm Spiritual Songs
10 10:30am Catholic Service - MPR 2:30pm Reminiscing - Trip Down Memory Lane	11 10:30am Yoga with Nancy - MPR 2:30pm Comedy Hour - V 3E	12 10:30am Community Artists Club - MPR 10:30am Walk And Sing - V 3E 10:30am armchair travel - V 3E 2:30pm cook show - V 3E	13 10:30am Church Service - MPR 2:00pm Movie - MPR	14 10:30am Current Events - V 3E 2:30pm Nature appreciation. - TV3E	15 Rosh Hashanah 10:30am arts & crafts appreciation. - V 3E 2:30pm Jewish Service - MPR	16 Rosh Hashanah 10:30am Church Service - MPR 3:00pm Spiritual Songs
17 Rosh Hashanah 10:30am Catholic Service - MPR 2:30pm Reminiscing - Trip Down Memory Lane	18 10:30am Seated Ballroom - MPR 2:30pm Residents' Council - MPR	19 10:30am Walk And Sing - V 3E 10:30am armchair travel - V 3E 2:30pm cook show - V 3E	20 10:30am Church Service - MPR 2:30pm Memorial Service - MPR	21 10:30am Current Events - V 3E 2:30pm Entertainment - Jay Franco - MPR 2:30pm Nature appreciation. - TV3E	22 10:30am arts & crafts appreciation. - V 3E 2:30pm Jewish Service - MPR	23 Autumn Equinox 10:30am Church Service - MPR 3:00pm Spiritual Songs
24 Yom Kippur 10:30am Catholic Service - MPR 2:30pm Reminiscing - Trip Down Memory Lane	25 Yom Kippur 10:30am Yoga with Nancy - MPR 2:30pm Comedy Hour - V 3E	26 10:30am Walk And Sing - V 3E 10:30am armchair travel - V 3E 2:30pm cook show - V 3E	27 10:30am Church Service - MPR 2:00pm Movie - MPR	28 10:30am Current Events - V 3E 2:30pm Nature appreciation. - TV3E	29 Sukkot 10:30am arts & crafts appreciation. - V 3E 2:30pm Jewish Service - MPR	30 Sukkot 10:30am Church Service - MPR 3:00pm Spiritual Songs

C - Courtyard MPR - Multi-Purpose Room TV3E - TV Room 3E V 3E - Varied 3E

Programs subject to change.