



August 2023



4 East Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:45am Walking Club - V 4E 10:30am Unit Decorating - V 4E 11:00am Reminiscing - Trip Down Memory Lane - AR4E 11:45am One to One Visits - V 4E 2:30pm Creative Artists Group - AR4E	2 9:45am Walking Club - V 4E 10:30am Church Service - MPR 2:00pm Movie - MPR 3:00pm Residents Choice (TV) - V 4E	3 9:45am Walking Club - V 4E 10:30am Outdoor Activities - V 4E 11:00am Cool Drinks Social Club - V 2:10pm Exploring The Internet - AR4E 3:00pm Resident Sing-Along - AR4E	4 9:45am Walking Club - V 4E 10:30am Bingo Club - AR4E 11:45am One to One Visits - V 4E 2:00pm Hymn Singing - V 4E 2:30pm Jewish Service - MPR	5 10:30am Church Service - MPR 3:00pm Spiritual Songs
6 10:30am Hymn Singing - V 4E 2:30pm Music Appreciation - V 4E 2:30pm Outdoor Activities - C	7 9:45am Walking Club - V 4E 10:30am Montessori Group - AR4E 2:30pm Courtyard Club - C 2:45pm One to One Visits - V 4E 3:00pm Snoezelen Experience - V 4E	8 9:45am Walking Club - V 4E 10:30am Bingo Club - AR4E 11:45am One to One Visits - V 4E 2:30pm Music And Movement - V 4E	9 9:45am Walking Club - V 4E 10:30am Church Service - MPR 2:00pm Movie - MPR 3:00pm Residents Choice (TV) - V 4E	10 9:45am Walking Club - V 4E 10:30am Outdoor Activities - V 4E 11:00am Cool Drinks Social Club - V 2:30pm Entertainment - Rhonda Silver - MPR	11 9:45am Walking Club - V 4E 10:30am Bingo Club - AR4E 11:45am One to One Visits - V 4E 2:00pm Hymn Singing - V 4E 2:30pm Jewish Service - MPR	12 10:30am Church Service - MPR 3:00pm Spiritual Songs
13 10:30am Hymn Singing - V 4E 2:30pm Music Appreciation - V 4E 2:30pm Outdoor Activities - C	14 9:45am Walking Club - V 4E 10:30am Yoga with Nancy - MPR 2:45pm One to One Visits - V 4E 3:00pm Snoezelen Experience - V 4E	15 9:45am Walking Club - V 4E 10:30am Bingo Club - AR4E 11:45am One to One Visits - V 4E 2:00pm Tranquil Nature - AR4E 2:45pm Sensory Therapy - AR4E	16 9:45am Walking Club - V 4E 10:00am Hymn Singing - V 4E 12:00pm Summer BBQ - MPR 3:00pm Residents Choice (TV) - V 4E	17 9:45am Walking Club - V 4E 10:30am Outdoor Activities - V 4E 11:00am Cool Drinks Social Club - V 2:30pm Chair Exercises - V 4E 3:30pm Music And Movement - V 4E	18 9:45am Walking Club - V 4E 10:30am Bingo Club - AR4E 11:45am One to One Visits - V 4E 2:00pm Hymn Singing - V 4E 2:30pm Jewish Service - MPR	19 10:30am Church Service - MPR 3:00pm Spiritual Songs
20 10:30am Hymn Singing - V 4E 2:30pm Music Appreciation - V 4E 2:30pm Outdoor Activities - C	21 9:45am Walking Club - V 4E 10:30am Seated Ballroom - MPR 2:30pm Residents' Council - MPR 2:45pm One to One Visits - V 4E 3:00pm Snoezelen Experience - V 4E	22 9:45am Walking Club - V 4E 10:30am Bingo Club - AR4E 11:45am One to One Visits - V 4E 2:00pm Comedy Time - V 4E	23 9:45am Walking Club - V 4E 10:30am Church Service - MPR 2:00pm Movie - MPR 3:00pm Residents Choice (TV) - V 4E	24 9:45am Walking Club - V 4E 10:30am Outdoor Activities - V 4E 11:00am Cool Drinks Social Club - V 4:00pm Entertainment - Neshama (Harmony Duo) - MPR	25 9:45am Walking Club - V 4E 10:30am Bingo Club - AR4E 11:45am One to One Visits - V 4E 2:00pm Hymn Singing - V 4E 2:30pm Jewish Service - MPR	26 10:30am Church Service - MPR 3:00pm Spiritual Songs
27 10:30am Hymn Singing - V 4E 2:30pm Music Appreciation - V 4E 2:30pm Outdoor Activities - C	28 9:45am Walking Club - V 4E 10:30am Yoga with Nancy - MPR 2:30pm Patio Pals Club - V 4E 3:00pm Cool Drinks Social Club - V	29 9:45am Walking Club - V 4E 10:30am Bingo Club - AR4E 11:45am One to One Visits - V 4E 2:30pm Music Appreciation - V 4E	30 9:45am Walking Club - V 4E 10:30am Church Service - MPR 2:00pm Movie - MPR 3:00pm Residents Choice (TV) - V 4E	31 9:45am Walking Club - V 4E 10:30am Outdoor Activities - V 4E 11:00am Cool Drinks Social Club - V 2:30pm 4 Express (Sports Games) - AR4E		

AR4E - Activity Room 4E

C - Courtyard

MPR - Multi-Purpose Room

V - Varied

V 4E - Varied 4E

Programs subject to change.

