



August 2023



3 West Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:30am OA - V 3W 2:30pm Unit Decorating - V 3W	2 10:30am Church Service - MPR 2:00pm Movie - MPR	3 10:30am Residents Choice (TV) - TV3W 2:30pm Table Top Activities - AR3W	4 10:30am Friday Bingo - AR3W 2:30pm Jewish Service - MPR	5 10:30am Church Service - MPR 3:00pm Spiritual Songs
6 2:30pm Outdoor Activities - C	7 10:30am OA - V 3W 2:30pm Courtyard Club - C	8 10:30am OA - V 3W 2:30pm 1:1 - V 3W 3:00pm Bingo - AR3W	9 10:30am Church Service - MPR 2:00pm Movie - MPR	10 10:30am Residents Choice (TV) - TV3W 2:30pm Entertainment - Rhonda Silver - MPR	11 10:30am Friday Bingo - AR3W 2:30pm Jewish Service - MPR	12 10:30am Church Service - MPR 3:00pm Spiritual Songs
13 2:30pm Outdoor Activities - C	14 10:30am Yoga with Nancy - MPR 2:30pm Armchair Travel - TV3W	15 10:30am Residents Choice (TV) - TV3W 2:30pm 1:1 - V 3W	16 12:00pm Summer BBQ - MPR	17 10:25am Residents Choice (TV) - TV3W 2:30pm Sing Along - TV3W	18 10:30am Friday Bingo - AR3W 2:30pm Jewish Service - MPR	19 10:30am Church Service - MPR 3:00pm Spiritual Songs
20 2:30pm Outdoor Activities - C	21 10:30am Seated Ballroom - MPR 2:30pm Residents' Council - MPR	22 10:30am OA - V 3W 2:30pm 1:1 - V 3W	23 10:30am Church Service - MPR 2:00pm Movie - MPR	24 10:30am OA - V 3W 2:30pm 1:1 - V 3W 4:00pm Entertainment - Neshama (Harmony Duo) - MPR	25 10:30am Friday Bingo - AR3W 2:30pm Jewish Service - MPR	26 10:30am Church Service - MPR 3:00pm Spiritual Songs
27 2:30pm Outdoor Activities - C	28 10:30am Yoga with Nancy - MPR 2:30pm Armchair Travel - TV3W 3:00pm Cool Drinks Social Club - V	29 10:30am OA - V 3W 2:30pm 1:1 - V 3W	30 10:30am Church Service - MPR 2:00pm Movie - MPR	31 10:30am Residents Choice (TV) - TV3W 2:30pm Sing Along - AR3W		

AR3W - Activity Room 3W

C - Courtyard

MPR - Multi-Purpose Room

TV3W - TV Room 3W

V - Varied

V 3W - Varied 3W

Programs subject to change.

