



August 2023



3 East Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:30am Walk And Sing - V 3E 10:30am armchair travel - V 3E 2:30pm cook show - V 3E	2 10:30am Church Service - MPR 2:00pm Movie - MPR	3 10:30am Current Events - V 3E 2:30pm Knitting Club - TV3E	4 10:30am arts & crafts appreciation. - V 3E 2:30pm Jewish Service - MPR	5 10:30am Church Service - MPR 3:00pm Spiritual Songs
6 2:30pm Outdoor Activities - C	7 10:30am Comedy Hour - V 3E 2:30pm Nature appreciation. - TV3E 2:30pm Courtyard Club - C	8 10:30am Walk And Sing - V 3E 10:30am armchair travel - V 3E 2:30pm cook show - V 3E	9 10:30am Church Service - MPR 2:00pm Movie - MPR	10 10:30am Current Events - V 3E 2:30pm Entertainment - Rhonda Silver - MPR 2:30pm Knitting Club - TV3E	11 10:30am music appreciation - V 3E 2:30pm Jewish Service - MPR	12 10:30am Church Service - MPR 3:00pm Spiritual Songs
13 2:30pm Outdoor Activities - C	14 10:30am Comedy Hour - V 3E 10:30am Yoga with Nancy - MPR 2:30pm Nature appreciation. - TV3E	15 10:30am Walk And Sing - V 3E 10:30am armchair travel - V 3E 2:30pm cook show - V 3E	16 12:00pm Summer BBQ - MPR 2:30pm Knitting Club - TV3E	17 10:30am Current Events - V 3E 2:30pm Knitting Club - TV3E	18 10:30am music appreciation - V 3E 2:30pm Jewish Service - MPR	19 10:30am Church Service - MPR 3:00pm Spiritual Songs
20 2:30pm Outdoor Activities - C	21 10:30am Comedy Hour - V 3E 10:30am Seated Ballroom - MPR 2:30pm Nature appreciation. - TV3E 2:30pm Residents' Council - MPR	22 10:30am Walk And Sing - V 3E 10:30am armchair travel - V 3E 2:30pm cook show - V 3E	23 10:30am Church Service - MPR 2:00pm Movie - MPR	24 10:30am Current Events - V 3E 2:30pm Knitting Club - TV3E 4:00pm Entertainment - Neshama (Harmony Duo) - MPR	25 10:30am music appreciation - V 3E 2:30pm Jewish Service - MPR	26 10:30am Church Service - MPR 3:00pm Spiritual Songs
27 2:30pm Outdoor Activities - C	28 10:30am Comedy Hour - V 3E 10:30am Yoga with Nancy - MPR 2:30pm Nature appreciation. - TV3E 3:00pm Cool Drinks Social Club - V	29 10:30am Walk And Sing - V 3E 10:30am armchair travel - V 3E 2:30pm cook show - V 3E	30 10:30am Church Service - MPR 2:00pm Movie - MPR	31 10:30am Current Events - V 3E 2:30pm Knitting Club - TV3E		

C - Courtyard

MPR - Multi-Purpose Room

TV3E - TV Room 3E

V - Varied

V 3E - Varied 3E

Programs subject to change.

