

June 2023



4 East Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<p>1</p> <p>9:45am Walking Club - V 4E 10:30am Courtyard Club - C 2:30pm Resident Sing-Along - AR4E 3:00pm Unit Decorating - V 4E</p>	<p>2</p> <p>9:45am Walking Club - V 4E 10:30am Bingo Club - AR4E 11:45am One to One Visits - V 4E 2:15pm Hymn Singing - V 4E 2:30pm Jewish Service - MPR</p>	<p>3</p> <p>10:30am Church Service - MPR 3:00pm Spiritual Songs</p>
<p>4</p> <p>10:30am Hymn Singing - V 4E 2:30pm Music Appreciation - V 4E</p>	<p>5</p> <p>9:45am Walking Club - V 4E 10:30am Board Games Bonanza - MPR 2:30pm Patio Pals Club (4E/4W) - V 4E 3:00pm Cool Drinks Social Club (4E/4W) - V 3:00pm One to One Visits - V 4E</p>	<p>6</p> <p>9:45am Walking Club - V 4E 10:30am Bingo Club - AR4E 11:45am One to One Visits - V 4E 2:30pm Comedy Time - V 4E</p>	<p>7</p> <p>9:45am Walking Club - V 4E 10:30am Church Service - MPR 2:00pm Movie - MPR 3:00pm Residents Choice (TV) - V 4E</p>	<p>8</p> <p>9:45am Walking Club - V 4E 10:30am Patio Pals Club - V 4E 11:00am Montessori Group (Table Top Activities) - AR4E 2:30pm Bowling Club - V</p>	<p>9</p> <p>9:45am Walking Club - V 4E 10:30am Bingo Club - AR4E 11:45am One to One Visits - V 4E 2:15pm Hymn Singing - V 4E 2:30pm Jewish Service - MPR</p>	<p>10</p> <p>10:30am Church Service - MPR 3:00pm Spiritual Songs</p>
<p>11</p> <p>10:30am Hymn Singing - V 4E 2:30pm Music Appreciation - V 4E</p>	<p>12</p> <p>9:45am Walking Club - V 4E 10:30am Yoga with Nancy - MPR 2:45pm One to One Visits - V 4E 3:00pm Snoezelen Experience - V 4E</p>	<p>13</p> <p>9:45am Walking Club - V 4E 10:30am Patio Pals Club - V 4E 11:45am One to One Visits - V 4E 2:30pm Music And Movement - V 4E</p>	<p>14</p> <p>9:45am Walking Club - V 4E 10:30am Church Service - MPR 2:00pm Movie - MPR 3:00pm Residents Choice (TV) - V 4E</p>	<p>15</p> <p>9:45am Walking Club - V 4E 10:30am Sweet Scents Baking Club (on 4E) 11:00am Reminiscing - Trip Down Memory Lane - AR4E 2:30pm Entertainment - Kenny J - MPR</p>	<p>16</p> <p>9:45am Walking Club - V 4E 10:30am Bingo Club - AR4E 11:45am One to One Visits - V 4E 2:15pm Hymn Singing - V 4E 2:30pm Jewish Service - MPR</p>	<p>17</p> <p>10:30am Church Service - MPR 3:00pm Spiritual Songs</p>
<p>18</p> <p>Happy Father's Day special dinner menu 10:30am Hymn Singing - V 4E 2:30pm Music Appreciation - V 4E</p>	<p>19</p> <p>9:45am Walking Club - V 4E 10:30am Seated Ballroom - MPR 2:30pm Residents' Council - MPR 2:45pm One to One Visits - V 4E 3:00pm Music Appreciation - V 4E</p>	<p>20</p> <p>9:45am Walking Club - V 4E 10:30am Cool Drinks Social Club (4E/4W) - V 11:00am Reminiscing - Trip Down Memory Lane - AR4E 2:30pm Tranquil Nature - AR4E</p>	<p>21</p> <p>SUMMER SOLSTICE 9:45am Walking Club - V 4E 10:30am Church Service - MPR 2:00pm Strawberry Social - MPR 3:00pm Residents Choice (TV) - V 4E</p>	<p>22</p> <p>9:45am Walking Club - V 4E 10:30am Courtyard Club - C 11:00am Music And Movement - V 4E 2:30pm Creative Artists Group - AR4E 6:30pm Piano Recital - MPR</p>	<p>23</p> <p>9:45am Walking Club - V 4E 10:30am Bingo Club - AR4E 11:45am One to One Visits - V 4E 2:15pm Hymn Singing - V 4E 2:30pm Jewish Service - MPR</p>	<p>24</p> <p>10:30am Church Service - MPR 3:00pm Spiritual Songs</p>
<p>25</p> <p>10:30am Hymn Singing - V 4E 2:30pm Music Appreciation - V 4E</p>	<p>26</p> <p>9:45am Walking Club - V 4E Voting Day - 2023 Mayoral By-Election - LOB 10:30am Yoga with Nancy - MPR 2:45pm One to One Visits - V 4E 3:00pm Snoezelen Experience - V 4E</p>	<p>27</p> <p>9:45am Walking Club - V 4E 10:30am Brain Teasers (4E/4W) 10:45am Celebration of Culture (4E/4W) - AR4E 2:30pm Songs, Stories & Jokes by the Campfire (4E/4W) - TV4W</p>	<p>28</p> <p>9:45am Walking Club - V 4E 10:30am Church Service - MPR 2:00pm Movie - MPR 3:00pm Residents Choice (TV) - V 4E</p>	<p>29</p> <p>9:45am Walking Club - V 4E 10:30am Outdoor Activities - V 4E 11:00am Music And Movement - V 4E 2:30pm Entertainment - The Westenders - MPR</p>	<p>30</p> <p>9:45am Walking Club - V 4E 10:30am Bingo Club - AR4E 11:45am One to One Visits - V 4E 2:15pm Hymn Singing - V 4E 2:30pm Jewish Service - MPR</p>	

AR4E - Activity Room 4E

C - Courtyard

LOB - Main Lobby

MPR - Multi-Purpose Room

TV4W - TV Room 4W

V - Varied

V 4E - Varied 4E

Programs subject to change.

