

# July 2023



## 3 East Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<b>1</b> 10:30am Church Service - MPR <b>Canada Day</b> 3:00pm Spiritual Songs
<b>2</b> 2:45pm Community Active Games - MPR	<b>3</b>	<b>4</b> 10:30am Walk And Sing - V 3E	<b>5</b> 10:30am Church Service - MPR 2:00pm Movie - MPR	<b>6</b>	<b>7</b> 10:30am arts & crafts appreciation. - V 3E 2:30pm Jewish Service - MPR	<b>8</b> 10:30am Church Service - MPR 3:00pm Spiritual Songs
<b>9</b> 2:45pm Community Active Games - MPR	<b>10</b> 10:30am Yoga with Nancy - MPR 2:30pm Courtyard Club - C	<b>11</b> 10:30am Walk And Sing - V 3E	<b>12</b> 10:30am Church Service - MPR 2:00pm Movie - MPR	<b>13</b> 2:30pm Entertainment - David Wildsmith - MPR	<b>14</b> 2:30pm Jewish Service - MPR	<b>15</b> 10:30am Church Service - MPR 3:00pm Spiritual Songs
<b>16</b> 2:45pm Community Active Games - MPR	<b>17</b> 10:30am Seated Ballroom - MPR 2:30pm Residents' Council - MPR	<b>18</b> 10:30am Walk And Sing - V 3E	<b>19</b> 12:00pm Summer Picnic - MPR	<b>20</b>	<b>21</b> 2:30pm Jewish Service - MPR	<b>22</b> 10:30am Church Service - MPR 3:00pm Spiritual Songs
<b>23</b> 2:45pm Community Active Games - MPR	<b>24</b> 10:30am Yoga with Nancy - MPR	<b>25</b> 10:30am Walk And Sing - V 3E 2:30pm Entertainment- The Westenders - MPR	<b>26</b> 10:30am Church Service - MPR 2:00pm Movie - MPR	<b>27</b>	<b>28</b> 2:30pm Jewish Service - MPR	<b>29</b> 10:30am Church Service - MPR 3:00pm Spiritual Songs
<b>30</b> 2:45pm Community Active Games - MPR	<b>31</b>	<b>Some programs may take place outdoors, weather permitting.</b>				

C - Courtyard

MPR - Multi-Purpose Room

V 3E - Varied 3E

Programs subject to change.