





July 2023



2 West Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10:30am Church Service - MPR Canada Day 3:00pm Spiritual Songs
2 2:45pm Community Active Games - MPR	3	4 10:00am Residents Choice (TV) - TV2W	5 10:00am Residents Choice (TV) - TV2W 10:30am Church Service - MPR 2:00pm Movie - MPR	6 10:00am Residents Choice (TV) - TV2W	7 10:00am Residents Choice (TV) - TV2W 2:30pm Jewish Service - MPR 3:30pm Friendly Visits - V 2W	8 10:30am Church Service - MPR 3:00pm Spiritual Songs
9 2:45pm Community Active Games - MPR	10 10:30am Yoga with Nancy - MPR 2:30pm Courtyard Club - C	11 10:30am Bingo - AR2W 3:30pm 1:1 - V 2W	12 10:30am Church Service - MPR 11:30am Friendly Visits - V 2W 2:00pm Movie - MPR	13 10:00am Residents Choice (TV) - TV2W 2:30pm Entertainment - David Wildsmith - MPR	14 10:30am Bingo - AR2W 2:30pm Jewish Service - MPR 3:30pm Friendly Visits - V 2W	15 10:30am Church Service - MPR 3:00pm Spiritual Songs
16 2:45pm Community Active Games - MPR	17 10:30am Seated Ballroom - MPR 2:30pm Residents' Council - MPR	18 10:30am Bingo - AR2W 3:30pm 1:1 - V 2W	19 12:00pm Summer Picnic - MPR 3:30pm Friendly Visits - V 2W	20 10:00am Residents Choice (TV) - TV2W	21 10:30am Bingo - AR2W 2:30pm Jewish Service - MPR 3:30pm Friendly Visits - V 2W	22 10:30am Church Service - MPR 3:00pm Spiritual Songs
23 2:45pm Community Active Games - MPR	24 10:30am Yoga with Nancy - MPR	25 10:30am Bingo - AR2W 2:30pm Entertainment- The Westenders - MPR	26 10:30am Church Service - MPR 2:00pm Movie - MPR 3:30pm Friendly Visits - V 2W	27 10:00am Residents Choice (TV) - TV2W	28 10:30am Bingo - AR2W 2:30pm Jewish Service - MPR 3:30pm Friendly Visits - V 2W	29 10:30am Church Service - MPR 3:00pm Spiritual Songs
30 2:45pm Community Active Games - MPR	31	Some programs may take place outdoors, weather permitting.				

AR2W - Activity Room 2W

C - Courtyard

MPR - Multi-Purpose Room

TV2W - TV Room 2W

V 2W - Varied 2W

Programs subject to change.