



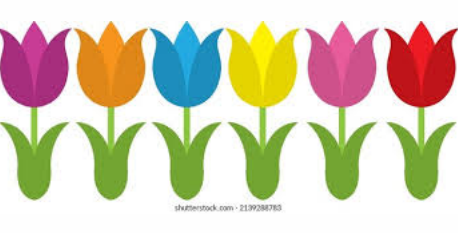


May 2023



4 West Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Some programs may take place outdoors, weather permitting.</p>	<p>1</p> <p>10:15am Walk And Roll Club - V 4W</p> <p>10:30am Seated Ballroom - MPR</p> <p>2:30pm Music Appreciation - V 4W</p> <p>2:30pm Unit Decorating - V 4W</p>	<p>2</p> <p>10:15am Walk And Roll Club - V 4W</p> <p>10:30am Community Artists Club - MPR</p> <p>2:30pm Sensory Therapy - TV4W</p>	<p>3</p> <p>10:30am Church Service - MPR</p> <p>10:30am Residents Choice (TV) - V 4W</p> <p>2:00pm Movie - MPR</p>	<p>4</p> <p>10:30am Guess The Answer! - V 4W</p> <p>2:30pm Willowdale Warriors (Sports Games) - V 4W</p>	<p>5</p> <p>10:30am Bingo Buddies Club - AR4W</p> <p>2:30pm Jewish Service - MPR</p> <p>2:30pm Residents Choice (TV) - V 4W</p>	<p>6</p> <p>10:30am Church Service - MPR</p> <p>3:00pm Spiritual Songs</p>
<p>7</p>	<p>8</p> <p>10:15am Walk And Roll Club - V 4W</p> <p>10:30am Board Games Bonanza - MPR</p> <p>2:30pm Good Neighbours Discussion Club - V 4W</p>	<p>9</p> <p>10:30am Comedy Club - V 4W</p> <p>2:30pm Sing With Us - TV4W</p>	<p>10</p> <p>10:30am Church Service - MPR</p> <p>10:30am Residents Choice (TV) - V 4W</p> <p>2:00pm Movie - MPR</p>	<p>11</p> <p>10:30am Creative Artists Group - AR4W</p> <p>2:15pm Walk And Roll Club - V 4W</p> <p>2:30pm Entertainment - Michael Khinkis - MPR</p>	<p>12</p> <p>10:30am Bingo Buddies Club - AR4W</p> <p>2:30pm Jewish Service - MPR</p> <p>2:30pm Residents Choice (TV) - V 4W</p>	<p>13</p> <p>10:30am Church Service - MPR</p> <p>3:00pm Spiritual Songs</p>
<p>14</p> <p>MOTHER'S DAY Special Dinner Menu</p> 	<p>15</p> <p>10:15am Walk And Roll Club - V 4W</p> <p>10:30am Yoga with Nancy - MPR</p> <p>2:30pm Reminiscing - Trip Down Memory Lane - V 4W</p>	<p>16</p> <p>10:15am Walk And Roll Club - V 4W</p> <p>10:30am CommuniTEA Discussion Club - MPR</p> <p>2:30pm Sensory Therapy - TV4W</p>	<p>17</p> <p>10:30am Church Service - MPR</p> <p>10:30am Residents Choice (TV) - V 4W</p> <p>2:00pm Movie - MPR</p>	<p>18</p> <p>10:30am Creative Artists Group - AR4W</p> <p>3:00pm Songs, Stories & Jokes by the Campfire (4E/4W) - TV4W</p>	<p>19</p> <p>10:30am Bingo Buddies Club - AR4W</p> <p>2:30pm Jewish Service - MPR</p> <p>2:30pm Residents Choice (TV) - V 4W</p>	<p>20</p> <p>10:30am Church Service - MPR</p> <p>3:00pm Spiritual Songs</p>
<p>21</p> <p>10:30am Celebration of Culture - TV4W</p> <p>2:30pm Sing With Us - TV4W</p>	<p>22</p> <p>VICTORIA DAY</p> <p>10:30am Music Appreciation - V 4W</p> <p>2:30pm Tranquil Nature - V 4W</p>	<p>23</p> <p>10:30am Comedy Club - V 4W</p> <p>2:15pm Walk And Roll Club - V 4W</p> <p>2:30pm Entertainment - David Wildsmith - MPR</p>	<p>24</p> <p>10:30am Church Service - MPR</p> <p>10:30am Residents Choice (TV) - V 4W</p> <p>2:00pm Movie - MPR</p>	<p>25</p> <p>10:30am Creative Artists Group - AR4W</p> <p>2:15pm Walk And Roll Club - V 4W</p> <p>2:30pm Community Melodies - MPR</p>	<p>26</p> <p>10:30am Bingo Buddies Club - AR4W</p> <p>2:30pm Jewish Service - MPR</p> <p>2:30pm Residents Choice (TV) - V 4W</p>	<p>27</p> <p>10:30am Church Service - MPR</p> <p>3:00pm Spiritual Songs</p>
<p>28</p>	<p>29</p> <p>10:30am Yoga with Nancy - MPR</p> <p>2:15pm Walk And Roll Club - V 4W</p> <p>2:30pm Residents' Council - MPR</p>	<p>30</p> <p>10:30am Willowdale Warriors (Sports Games) - V 4W</p> <p>2:30pm Sensory Therapy - TV4W</p>	<p>31</p> <p>10:30am Church Service - MPR</p> <p>10:30am Residents Choice (TV) - V 4W</p> <p>2:00pm Movie - MPR</p>			

AR4W - Activity Room 4W

MPR - Multi-Purpose Room

TV4W - TV Room 4W

V 4W - Varied 4W

Programs subject to change.

