

May 2023



3 West Programs Calendar

| 5 West Frograms Calculati | | | | | | |
|--|---|--|--|---|-----------------------------|---|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| Some programs may take place outdoors, weather permitting. | 10:30am Seated Ballroom - MPR 2:30pm Music Appreciation - TV3W | _ | 3 10:30am Church Service - MPR 2:00pm Movie - MPR | 10:30am Armchair Travel - TV3W 10:30am Domino club - AR3W 2:30pm Sing Along - AR3W | , , | 6 10:30am Church Service - MPR 3:00pm Spiritual Songs |
| 7 | 8 | 9 | 10 | 11 | . 12 | 13 |
| | 10:30am Board Games Bonanza - MPR 2:30pm Reminiscing - Trip Down Memory Lane - TV3W | 3 | 10:30am Church Service - MPR 2:00pm Movie - MPR | 10:30am Armchair Travel - TV3W 10:30am Domino club - AR3W 2:30pm Entertainment - Michael Khinkis - MPR | , , | 10:30am Church Service - MPR 3:00pm Spiritual Songs |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| MOTHER'S DAY Special Dinner Menu | 10:30am Yoga with Nancy - MPR 2:30pm Video corner - TV3W | 10:30am CommuniTEA Discussion Club - MPR 2:30pm 1:1 - V 3W 3:00pm Cultural Mosaic - TV3W | 10:30am Church Service - MPR 2:00pm Movie - MPR | 10:30am Domino club - AR3W 2:30pm Residents Choice (TV) - TV3W | , , | 10:30am Church Service - MPR 3:00pm Spiritual Songs |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| | VICTORIA DAY | 10:30am Bingo Social - AR3W 2:30pm Entertainment - David Wildsmith - MPR | | 10:30am Residents Choice (TV) - TV3W 2:30pm Community Melodies - MPR | 2:30pm Jewish Service - MPR | 10:30am Church Service - MPR 3:00pm Spiritual Songs |
| 28 | 10:30am Yoga with Nancy - MPR 2:30pm Residents' Council - MPR | 10:30am Bingo Social - AR3W | 31 10:30am Church Service - MPR 2:00pm Movie - MPR | | mother's | |
| | | | | | | shutterstock.com · 2139286783 |

AR3W - Activity Room 3W

MPR - Multi-Purpose Room

TV3W - TV Room 3W

V 3W - Varied 3W

Programs subject to change.