

April 2023



4 EAST CALENDAR OF EVENTS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	1 10:30am Church Service - MPR 3:00pm Spiritual Songs
2 10:30am Hymn Singing - V 4E 2:30pm Music Appreciation - V 4E	3 9:45am Walking Club - V 4E 10:30am Unit Decorating - V 4E 11:00am Reminiscing - Trip Down Memory Lane - AR4E 2:30pm One to One Visits - V 4E 3:00pm Music And Movement - V 4E	4 9:30am Walking Club - V 4E 10:30am Community Artists Club - MPR 11:45am One to One Visits - V 4E 2:30pm Music Appreciation - V 4E	5 9:45am Walking Club - V 4E 10:30am Church Service - MPR 2:00pm Movie - MPR 3:00pm Residents Choice (TV) - V 4E	6 9:45am Walking Club - V 4E 10:30am Tranquil Nature - AR4E 2:30pm Resident Sing-Along - AR4E	7 9:45am Walking Club - V 4E 10:30am Good Friday Church Service - MPR 11:45am One to One Visits - V 4E 2:30pm Jewish Service - MPR 3:00pm Hymn Singing - V 4E	8 10:30am Easter Church Service - MPR 3:00pm Spiritual Songs
9 EASTER 10:30am Hymn Singing - V 4E 2:30pm Music Appreciation - V 4E 	10 9:45am Walking Club - V 4E 10:30am Yoga with Nancy - MPR 2:30pm One to One Visits - V 4E 2:30pm Passover Sabbath - MPR 3:00pm Snoezelen Experience - V 4E	11 9:30am Walking Club - V 4E 10:30am Bingo Club - AR4E 11:45am One to One Visits - V 4E 2:30pm Music Appreciation - V 4E	12 9:45am Walking Club - V 4E 10:30am Church Service - MPR 2:00pm Movie - MPR 3:00pm Residents Choice (TV) - V 4E	13 9:45am Walking Club - V 4E 10:30am Colouring and Painting - AR4E 2:30pm Entertainment - West Enders - MPR	14 9:45am Walking Club - V 4E 10:30am Bingo Club - AR4E 11:45am One to One Visits - V 4E 2:30pm Jewish Service - MPR 3:00pm Hymn Singing - V 4E	15 10:30am Church Service - MPR 3:00pm Spiritual Songs
16 10:30am Hymn Singing - V 4E 2:30pm Music Appreciation - V 4E	17 9:45am Walking Club - V 4E 10:30am Board Games Bonanza - MPR 2:30pm One to One Visits - V 4E 2:30pm Residents' Council - MPR 3:00pm Music And Movement - V 4E	18 9:30am Walking Club - V 4E 10:30am Bingo Club - AR4E 11:45am One to One Visits - V 4E 2:30pm Music Appreciation - V 4E 2:30pm Special Event - Valleyview Talent - MPR	19 9:45am Walking Club - V 4E 10:30am Church Service - MPR 2:00pm Movie - MPR 3:00pm Residents Choice (TV) - V 4E	20 9:45am Walking Club - V 4E 10:30am Coffee & Tea Social Club - AR4E 11:00am Reminiscing - Trip Down Memory Lane - AR4E 2:30pm Resident Sing-Along - AR4E	21 9:45am Walking Club - V 4E 10:30am Bingo Club - AR4E 11:45am One to One Visits - V 4E 2:30pm Jewish Service - MPR 3:00pm Hymn Singing - V 4E	22 10:30am Church Service - MPR 3:00pm Spiritual Songs
23 10:30am Hymn Singing - V 4E 2:30pm Music Appreciation - V 4E 	24 9:45am Walking Club - V 4E 10:30am Yoga with Nancy - MPR 2:30pm One to One Visits - V 4E 3:00pm Snoezelen Experience - V 4E	25 9:30am Walking Club - V 4E 10:30am Bingo Club - AR4E 11:45am One to One Visits - V 4E 2:30pm Music Appreciation - V 4E	26 9:45am Walking Club - V 4E 10:30am Church Service - MPR 2:00pm Movie - MPR 3:00pm Residents Choice (TV) - V 4E	27 9:45am Walking Club - V 4E 10:30am Folding And Sorting (Montessori Group) - AR4E 2:30pm Community Melodies - MPR 2:30pm Resident Sing-Along - AR4E	28 9:45am Walking Club - V 4E 10:30am Bingo Club - AR4E 11:45am One to One Visits - V 4E 2:30pm Jewish Service - MPR 3:00pm Hymn Singing - V 4E	29 10:30am Church Service - MPR 3:00pm Spiritual Songs
30 10:30am Hymn Singing - V 4E 2:30pm Music Appreciation - V 4E						

AR4E - Activity Room 4E

MPR - Multi-Purpose Room

V 4E - Varied 4E

Programs subject to change.

