










April 2023



2 West Recreation Programs Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10:30am Church Service - MPR 3:00pm Spiritual Songs
2	3 10:15am Residents Choice (TV) - TV2W 3:00pm Spring colouring pages - AR2W	4 10:30am Community Artists Club - MPR 2:45pm Bingo - AR2W	5 PASSOVER 10:30am Church Service - MPR 11:30am Friendly Visits - V 2W 2:00pm Movie - MPR	6 10:30am Let's talk about Passover - TV2W 2:30pm Oldies Tunes/Music Appreciation - TV2W	7 GOOD FRIDAY 10:30am Good Friday Church Service - MPR 2:30pm Jewish Service - MPR 3:35pm 1:1 - V 2W	8 10:30am Easter Church Service - MPR 3:00pm Spiritual Songs
9 	10 10:30am Yoga with Nancy - MPR 2:30pm Oldies Tunes/Music Appreciation - TV2W 2:30pm Passover Sabbath - MPR	11 10:30am Bingo - AR2W 2:30pm Sing Along - TV2W	12 10:30am Church Service - MPR 11:30am Friendly Visits - V 2W 2:00pm Movie - MPR	13 10:30am The Good Old Days/ Reminiscing - TV2W 2:30pm Entertainment - West Enders - MPR	14 10:30am Bingo - AR2W 2:30pm Jewish Service - MPR 3:35pm 1:1 - V 2W	15 10:30am Church Service - MPR 3:00pm Spiritual Songs
16	17 10:30am Board Games Bonanza - MPR 10:30am The Good Old Days/ Reminiscing - TV2W 2:30pm Residents' Council - MPR	18 10:30am Bingo - AR2W 2:30pm Armchair Travel and Discussion Group - TV2W 2:30pm Special Event - Valleyview Talent - MPR	19 10:30am Church Service - MPR 11:30am Friendly Visits - V 2W 2:00pm Movie - MPR	20 10:30am Residents Choice (TV) - TV2W 2:30pm Oldies Tunes/Music Appreciation - TV2W	21 10:30am Bingo - AR2W 2:30pm Jewish Service - MPR 3:35pm 1:1 - V 2W	22 10:30am Church Service - MPR 3:00pm Spiritual Songs
23 10:30am Bingo - AR2W 2:30pm Bible Trivia - TV2W 	24 10:30am Yoga with Nancy - MPR 2:30pm Residents Choice (TV) - TV2W 2:45pm Puzzle time - AR2W	25 10:30am Bingo - AR2W 10:30pm Residents Choice (TV) - TV2W	26 10:30am Church Service - MPR 11:30am Friendly Visits - V 2W 2:00pm Movie - MPR	27 2:30pm Community Melodies - MPR	28 10:30am Bingo - AR2W 2:30pm Jewish Service - MPR	29 10:30am Church Service - MPR 3:00pm Spiritual Songs
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AR2W - Activity Room 2W

MPR - Multi-Purpose Room

TV2W - TV Room 2W

V 2W - Varied 2W

Programs subject to change.

