


January 2023



4 EAST CALENDAR OF EVENTS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
<p>Happy New Year! 9:45am Walking Club - V 4E 10:30am Resident Sing-Along - AR4E 11:30am One to One Visits - V 4E 2:30pm Entertainment with Mickey Lewin - MPR</p>	<p>9:45am Walking Club - V 4E 10:30am Unit Decorating - V 4E 11:30am One to One Visits - V 4E 2:30pm Snoezelen Experience - V 4E</p>	<p>9:30am Walking Club - V 4E 10:30am Bingo Club - AR4E 11:30am One to One Visits - V 4E 2:30pm Music Appreciation - V 4E</p>	<p>9:45am Walking Club - V 4E 10:30am Church Service 2:00pm Movie - MPR 3:00pm Residents Choice (TV) - V 4E</p>	<p>9:45am Walking Club - V 4E 10:30am Coffee & Tea Social Club - AR4E 11:00am Reminiscing - Trip Down Memory Lane - AR4E 3:00pm Resident Sing-Along - AR4E</p>	<p>9:45am Walking Club - V 4E 10:30am Bingo Club - AR4E 11:30am One to One Visits - V 4E 2:30pm Jewish Service/ Sabbath Shalom - MPR</p>	<p>10:30am Church Service 3:00pm Spiritual Songs</p>
8	9	10	11	12	13	14
	<p>9:45am Walking Club - V 4E 10:30am Yoga with Nancy - MPR 2:30pm One to One Visits - V 4E 3:00pm Snoezelen Experience - V 4E</p>	<p>9:30am Walking Club - V 4E 10:30am Bingo Club - AR4E 11:30am One to One Visits - V 4E 2:30pm Music Appreciation - V 4E</p>	<p>9:45am Walking Club - V 4E 10:30am Church Service 2:00pm Movie - MPR 3:00pm Residents Choice (TV) - V 4E</p>	<p>9:45am Walking Club - V 4E 10:30am Entertainment with Jay Franco - MPR 2:30pm Comedy Time - V 4E</p>	<p>9:45am Walking Club - V 4E 10:30am Bingo Club - AR4E 11:30am One to One Visits - V 4E 2:30pm Jewish Service/ Sabbath Shalom - MPR</p>	<p>10:30am Church Service 3:00pm Spiritual Songs</p>
15	16	17	18	19	20	21
	<p>9:45am Walking Club - V 4E 10:30am Montessori Group - AR4E 11:30am One to One Visits - V 4E 2:30pm Residents' Council - BR 2:30pm Snoezelen Experience - V 4E</p>	<p>9:30am Walking Club - V 4E 10:30am Bingo Club - AR4E 11:30am One to One Visits - V 4E 2:30pm Music Appreciation - V 4E</p>	<p>9:45am Walking Club - V 4E 10:30am Church Service 2:00pm Movie - MPR 3:00pm Residents Choice (TV) - V 4E</p>	<p>9:45am Walking Club - V 4E 10:30am Baking Social Club - AR4E 11:00am Reminiscing - Trip Down Memory Lane - AR4E 2:30pm Seated Ballroom - MPR</p>	<p>9:45am Walking Club - V 4E 10:30am Bingo Club - AR4E 11:30am One to One Visits - V 4E 2:30pm Jewish Service/ Sabbath Shalom - MPR</p>	<p>10:30am Church Service 3:00pm Spiritual Songs</p>
22	23	24	25	26	27	28
	<p>9:45am Walking Club - V 4E 10:30am Yoga with Nancy - MPR 2:30pm One to One Visits - V 4E 3:00pm Snoezelen Experience - V 4E</p>	<p>9:30am Walking Club - V 4E 10:30am Bingo Club - AR4E 11:30am One to One Visits - V 4E 2:30pm Music Appreciation - V 4E</p>	<p>9:45am Walking Club - V 4E 10:30am Church Service 2:00pm Movie - MPR 3:00pm Residents Choice (TV) - V 4E</p>	<p>9:45am Walking Club - V 4E 11:00am Armchair Travel - V 4E 2:30pm Entertainment with David Wildsmith - MPR</p>	<p>9:45am Walking Club - V 4E 10:30am Bingo Club - AR4E 11:30am One to One Visits - V 4E 2:30pm Jewish Service/ Sabbath Shalom - MPR</p>	<p>10:30am Church Service 3:00pm Spiritual Songs</p>
29	30	31				
	<p>9:45am Walking Club - V 4E 10:30am Montessori Group - AR4E 11:30am One to One Visits - V 4E 2:30pm Snoezelen Experience - V 4E</p>	<p>9:30am Walking Club - V 4E 10:30am Bingo Club - AR4E 11:30am One to One Visits - V 4E 2:30pm Music Appreciation - V 4E</p>				

AR4E - Activity Room 4E

BR - Boardroom

MPR - Multi-Purpose Room

V 4E - Varied 4E

Programs subject to change.