

# January 2023



## 2 West Events Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> <b>Happy New Year!</b> <b>2:30pm Entertainment</b> <b>with Mickey Lewin</b> <b>- MPR</b>	<b>2</b> 10:30am Trivia - TV2W 11:30am Friendly Visits - V 2W 2:30pm Oldies Tunes/Music Appreciation - TV2W 3:00pm Moving to music - TV2W	<b>3</b> 10:30am Bingo - AR2W 3:00pm Puzzle time - AR2W	<b>4</b> <b>10:30am Church Service</b> 11:30am 1:1 - V 2W <b>2:00pm Movie - MPR</b>	<b>5</b> 10:30am The Good Old Days/ Reminiscing - TV2W 11:30am Friendly Visits - V 2W 2:30pm Colouring and Painting - AR2W	<b>6</b> 10:30am Bingo - AR2W <b>2:30pm Jewish Service/ Sabbath Shalom - MPR</b>	<b>7</b> <b>10:30am Church Service</b> <b>3:00pm Spiritual Songs</b>
<b>8</b>	<b>9</b> <b>10:30am Yoga with Nancy - MPR</b> 11:30am 1:1 - V 2W 2:30pm Oldies Tunes/Music Appreciation - TV2W	<b>10</b> 10:30am Bingo - AR2W 2:30pm Armchair Travel and Discussion Group - TV2W 2:30pm Armchair Travel and Discussion Group - TV2W 3:00pm Domino club - AR2W	<b>11</b> <b>10:30am Church Service</b> 11:30am 1:1 - V 2W <b>2:00pm Movie - MPR</b>	<b>12</b> <b>10:30am Entertainment</b> <b>with Jay Franco - MPR</b> 3:00pm Reading Group - TV2W	<b>13</b> 10:30am Bingo - AR2W <b>2:30pm Jewish Service/ Sabbath Shalom - MPR</b>	<b>14</b> <b>10:30am Church Service</b> <b>3:00pm Spiritual Songs</b>
<b>15</b>	<b>16</b> 2:30pm Oldies Tunes/Music Appreciation - TV2W <b>2:30pm Residents' Council</b> <b>- BR</b>	<b>17</b> 10:30am Bingo - AR2W 3:00pm Puzzle time - AR2W	<b>18</b> <b>10:30am Church Service</b> 11:30am 1:1 - V 2W <b>2:00pm Movie - MPR</b>	<b>19</b> 10:30am Armchair Travel and Discussion Group - TV2W 11:00am Friendly Visits - V 2W <b>2:30pm Seated Ballroom - MPR</b>	<b>20</b> 10:30am Bingo - AR2W <b>2:30pm Jewish Service/ Sabbath Shalom - MPR</b>	<b>21</b> <b>10:30am Church Service</b> <b>3:00pm Spiritual Songs</b>
<b>22</b>	<b>23</b> <b>10:30am Yoga with Nancy - MPR</b> 2:30pm Oldies Tunes/Music Appreciation - TV2W	<b>24</b> 10:30am Bingo - AR2W 3:00pm Moving to music - TV2W	<b>25</b> <b>10:30am Church Service</b> 11:30am 1:1 - V 2W <b>2:00pm Movie - MPR</b>	<b>26</b> 10:15am Moving to music - TV2W 10:30am The Good Old Days/ Reminiscing - TV2W <b>2:30pm Entertainment</b> <b>with David</b> <b>Wildsmith - MPR</b>	<b>27</b> 10:30am Bingo - AR2W <b>2:30pm Jewish Service/ Sabbath Shalom - MPR</b>	<b>28</b> <b>10:30am Church Service</b> <b>3:00pm Spiritual Songs</b>
<b>29</b> 10:30am Bingo - AR2W 2:30pm Oldies Tunes/Music Appreciation - TV2W 3:00pm Friendly Visits - V 2W	<b>30</b> 10:30am Trivia - TV2W 11:30am 1:1 - V 2W 2:30pm Oldies Tunes/Music Appreciation - TV2W	<b>31</b> 10:30am Bingo - AR2W 3:00pm Moving to music - TV2W				

AR2W - Activity Room 2W

BR - Boardroom

MPR - Multi-Purpose Room

TV2W - TV Room 2W

V 2W - Varied 2W

Programs subject to change.